

1975
MONROE ECHO

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James Monroe High School
2300 Washington Avenue
Fredericksburg, Virginia 22401

We learn how to make our mark 8
We discover who makes our mark 78



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IN AN INTRICA

People have always sought immortality. From the mind-boggling construction of the pyramids of Egypt to graffiti scrawled on subway and restroom walls around the nation, all of us to varying degrees want and need recognition.

However, in the fast-moving, competitive, and often indifferent world we live in today, many people are overwhelmed by their apparent insignificance. Every day the media bombard us with images of women and men with perfect body proportions and straight teeth who never fail at anything they do; if we cannot meet these standards

we are left to wonder if we are normal and to doubt our value as human beings.

We are surrounded by scientific achievements which straddle the boundary between human and superhuman; we have seen a man walk on the surface of the moon. Yet during the second manned lunar expedition in November of 1969, many people were openly bored with the television coverage of the "moonwalks"—the novelty had worn off.

How are we to make an impression on a world that is so over-exposed to the quickest, biggest, best, and

most of everything that placing a man on the moon can barely provoke a comment from the average person? How do we cope with a society which demands perfection in every undertaking? In January of 1975, a fifteen year-old high school student from Milwaukee left her parents this note before taking her life: "... if I fail in what I do, I fail in what I am." The "failure" she was referring to was a 'B' on her report card—she had never received a grade lower than an 'A'.

It is not realistic for everyone to expect to be the best in his respective field; we cannot all be the first person to walk on the moon, or have



Rebate, rebate — anyone want to buy a car? During the winter car dealers experienced twice as many non-sales as last winter. To get more cars off the lots, the dealers offered up to \$600.00 on rebate for buying a new car.



Nationwide unemployment approached WW II highs during the winter of 1974-75. Workless people line up in Chicago.

Nixon resigned as an aftermath of Watergate. Gerald R. Ford became the first non-elected President of the United

TE WORLD

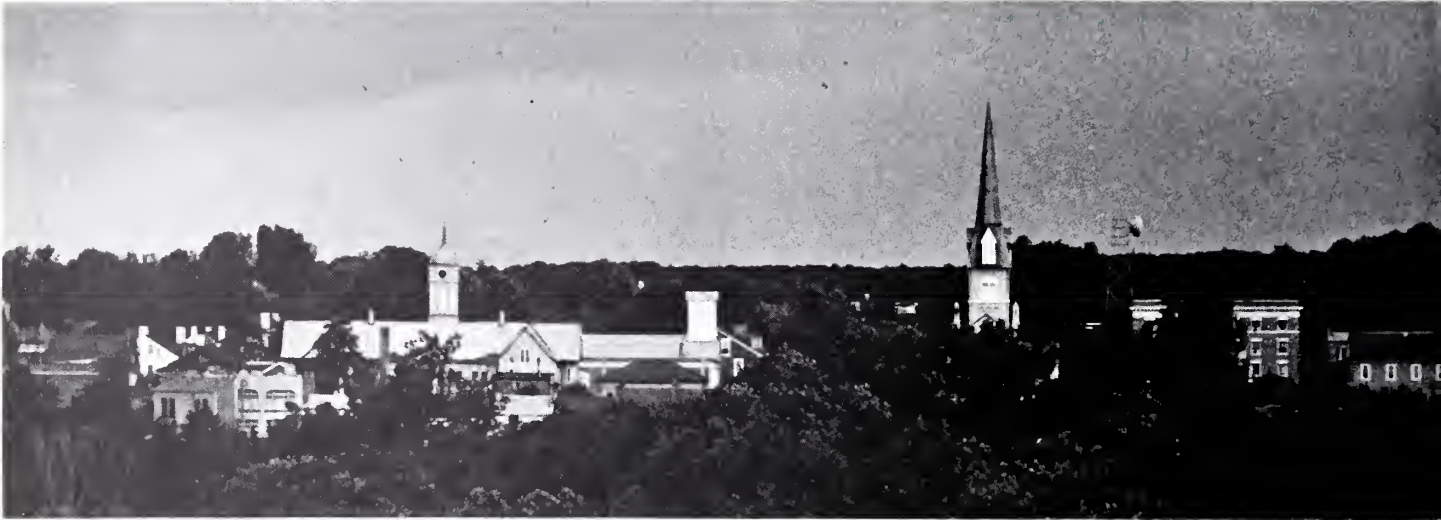
the sex appeal of Robert Redford, or play tennis like Billie Jean King with one arm and and box like Muhammad Ali with the other. How many thousands of girls' hearts will be shredded when Donny Osmond grows up and marries? Can the Spring Dance possibly be any fun unless Kool & The Gang are engaged to play? Obviously, if we measure success in these terms most of us are truly Born Losers. But is it any more realistic to believe you are a failure if you get a 'B'? For at least one young woman, this belief was very real.



States on August 9, 1974. Here he delivers his first State of the Union address. Vice President Rockefeller is seated behind.



Historic Fredericksburg, Virginia, nestled on the Rappahannock fall line.



In Fredericksburg the advancement of technology and the accelerated pace of living that it brings is slowly but surely seeping in through our small-town seclusion. As major cities on the East Coast from New York to Washington swell and expand, spilling over into suburbs until the boundaries between one city and the next blur, Fredericksburg has sat, for the most part undisturbed, on the southern fringe of this growing megalopolis. Nevertheless, situated fifty miles either way between the capitals of our state and our country, we can hardly avoid the impact of the growth and progress around us. Fredericksburg is beginning to suffer from growing

pains, and one of the places where it can be seen is in the halls of James Monroe.

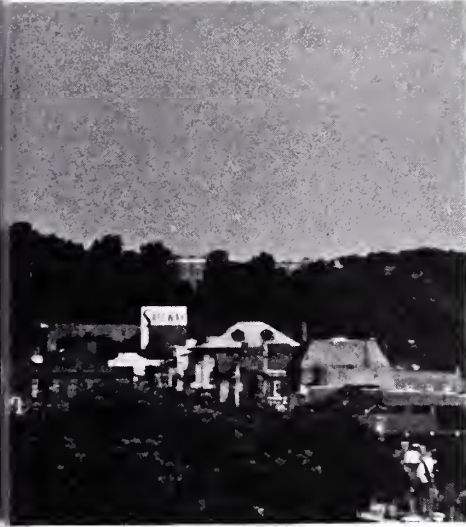
Whenever a bell rings, the halls are filled with a mass of bodies pushing and shoving, dodging and weaving to get from one class to the next. Students sometimes have to double up on lockers, and teachers have to shift classrooms from period to period, using another teacher's class during his free period. Freshman homerooms have had to take turns missing assemblies because the auditorium will not seat the entire student body. If many students did not leave school on their lunch shifts, the cafeteria would not be able to serve everyone on

two lunch shifts. Basketball games sell out because of the gym's small seating capacity. All of these reasons and more are given for building a new high school for the city, but one very good reason is given against it — money.

Words like "recession" and "inflation" are tossed freely around us every day. A dollar at McDonald's will get you "two all-beef patties, special sauce, lettuce, cheese, pickles, onions on a sesame seed bun" — and not much else. A dollar's worth of gas will barely get you through the "cruise circuit" from Pizza Hut, through the college, down Princess Anne Street, around JM, and back to Piz-

IN AN EVOLV IN

Pie-eyed Raymond Greaser gets creamed by Melissa Wiggins at the first pep rally.



za Hut again. Taking a date to the movies will usually cost a minimum of four dollars, excluding a coke during the moving or a pizza afterwards. Consequently students at James Monroe are learning to have fun without spending money.

Even the time-honored escape from pressure by staring out of classroom windows is beginning to fail us. Looking out we see a string of shopping centers stretching up the highway; on the other side, the hospital has almost doubled in size in the past few years. A bank in construction across from the new wing will soon be joining the ranks of the city's growing number of large buildings.



G COMMUNITY

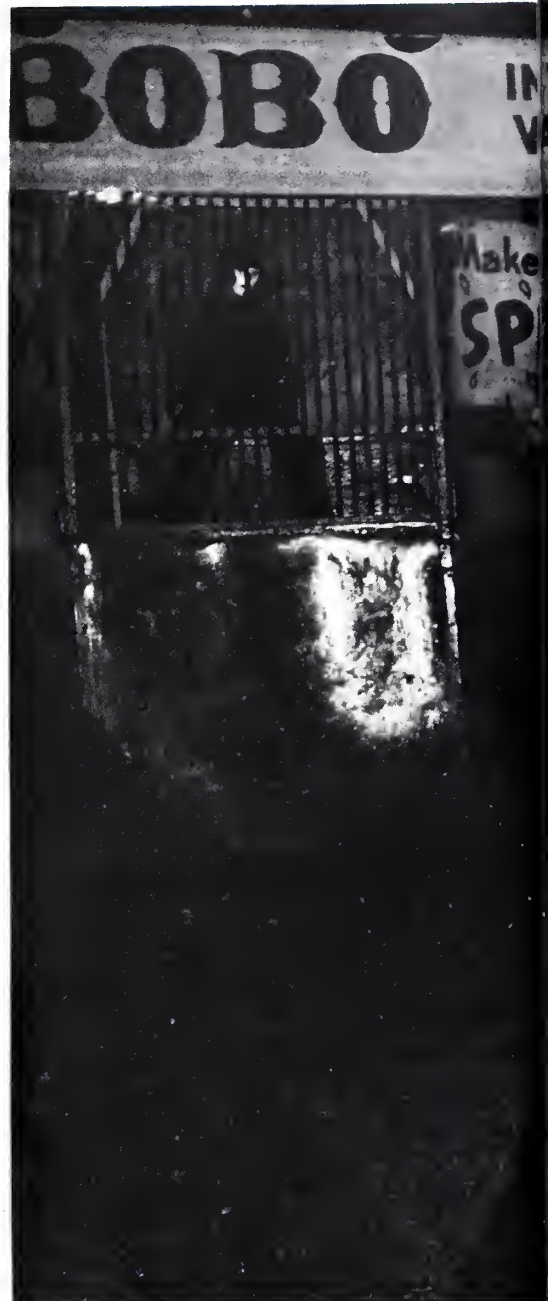


A Saturday tradition flourishes as farmers bring seafood, fruits, and vegetables to market in downtown Fredericksburg.

All wet! BoBo the clown typifies the magic of the Fredericksburg Fair. Gary Pastell lunges to dunk BoBo.

As we can all see, Fredericksburg is changing. And JM is changing. For the first time we learned how to cope with computerized schedules and report cards (and computerized mistakes

WE M



Snow blankets a serene James Monroe campus on a January afternoon.

such as having a few boys in the girls' physical education classes). We have adapted to the new ¼-credit system and the pressure to pass that comes with it. We have weathered the political crisis

of Watergate and come through it with renewed concern and interest in our government on every level. And in response to our environment, we react in a unique manner; as our year in

school prepares us to face the world, we give James Monroe a taste of how we will affect that world because

MAKE OUR MARK



Each of us has made his bid for recognition in a different way; each of us has different goals and ambitions. There are those who fight their way into the annals of school history as outstanding athletes, while the more intellectually inclined sweat over their English books in hopes of a first place in the Forensics Contests. There is no student who doesn't know the frustration of working for a B and getting a D, or of trying just a little harder to make the President's Physical Fitness Award and missing by one event.

In achievement, in disappointment, even in monotony day after day we grow up at James Monroe;

**WE
LEARN
HOW TO MAKE**





Vive la women drivers! Tricia Cheek makes her influence felt on the bumpways of the Fredericksburg fair.

OUR MARK

Our time 10
Pluggers 26
Mind power 32
Muscle work 52
Pluggers 70

SUMMER SWIMMING SWEAT

Summer. For most of us that meant the end of school, no more books, no more teachers, schedules or any dreary binding activities. But for a few unfortunate souls, summer meant summer school and retaking a class that wasn't passed. For industrious people as well as those who wanted to graduate early, summer school was a way to get an additional course in seven weeks. Summer school at Hugh Mercer provided a special treat—a few hours in air conditioned comfort.

After summer school, there was a short, carefree period before orientation for upcoming freshmen. They came to JM in August to meet the teachers and get their schedules. Upperclassmen volunteers were there to help the freshmen locate classrooms and facilities.

The first day of school was met with mixed emotions—excitement, drudgery, relief. School marked the end of summer, the beginning of bells, clocks, and schedules. The freshmen got used to being the newcomers. The seniors, still a bit unsure of their new status, adapted to homeroom in the auditorium, senior privileges, and turning that magical age of 18. Becoming 18 opened up new opportunities such as voting and legally purchasing beer.

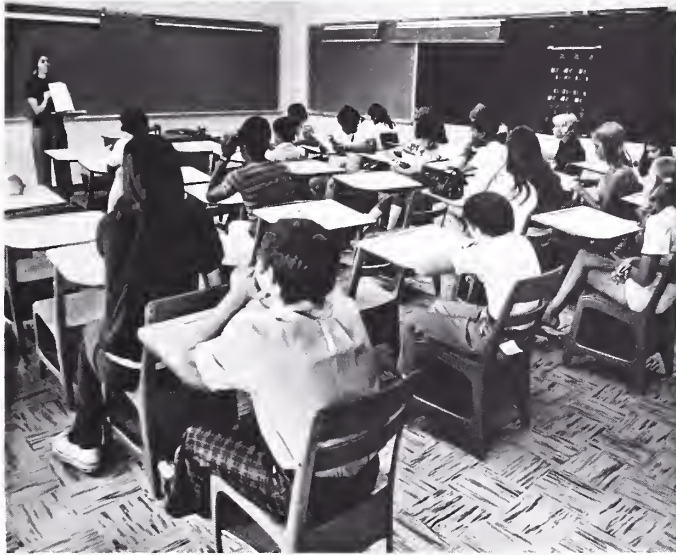


Wasting no time, Jay Filppo takes advantage of the July 1, 1974, change of law enabling 18 year olds to buy beer.

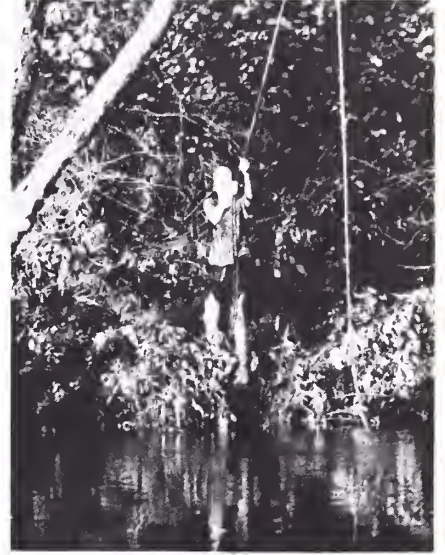
During early August Philip Lloyd and Earl Travis practice.



In the sweltering heat, Miss Harriet Simpson's homeroom gets schedules.



Water bug Lance Kisamore swings into the Rappahannock.



Senior guide Xavier Richardson gives directions to new wing classrooms during freshmen orientation.



Two twenty five cent sugar cones. Pixie Glospie and many other students work at the town's favorite frozen custard place—Carl's.

Ronald McDonald and other cookie fans watch over Ramona Truslow as she deals up another Big Mac and fries.



Jolly Jon Raymond treats Therese and Cathy Glancey to some holiday spirit in the Greenbriar Shopping Center.

Winding, Bill Glover prepares for a afternoon of cutting grass.



NO PLAY DOUGH

Work. A four letter word for many students. Pressured by parents or for the extra spending money, students sought out daily in search of their first million. Seeing familiar faces rushing back and forth to get orders in one of the local restaurants resulted in the non-working being coerced to leave a good tip or being called names at school the next day. Delivering newspapers or working in a store or office were forms of profitable jobs. Rising unemployment meant searching farther away to places like Kings Dominion or for out of town construction jobs. After a hard day's work, students looked forward to spending at least part of their money on high time weekend fun or enlarging on their wardrobes.

DE student John Comford folds up a spring outfit from Leggett's.

FREEDOM FRIENDS FRENCH FRIES

The fine art of skipping required an eagle eye, nimble legs, and perfect timing. Not getting caught was the name of the game. Skill and daring were required to outwit those bent on keeping you from your goal—freedom. Once off school grounds you were home free. What to do while skipping? The possibilities were endless. Anything would have been better than staying in school.

Study halls were the worst. Why they were called study halls escapes imagination. Certainly no studying went on. But what could one expect from bored students? Throwing paper, breaking desks, and being sent to the office were a few ways to spend a day in study hall.

Almost as bad as study halls was lunch time. It was faintly reminiscent of feeding time at the zoo. After eating many people would just get up and leave their trash and trays for the next person to clear away. No wonder people braved the lunch time rush to go out to lunch. Various places to go were Hardee's, Hamburger Haven, McDonald's, Hot Shoppes, and Roy Rogers. The change of food was delightful but the money that was spent on lunch inflated.





Study hall gossip Kathy Glover explains how it really happened to Kelly Hooe and Drew VanDeventer.

Everlasting lines form at lunch break at Hardee's, one of the many eating places students go each day.

Inching their way to freedom, students secretly attempt to clear the side doors.



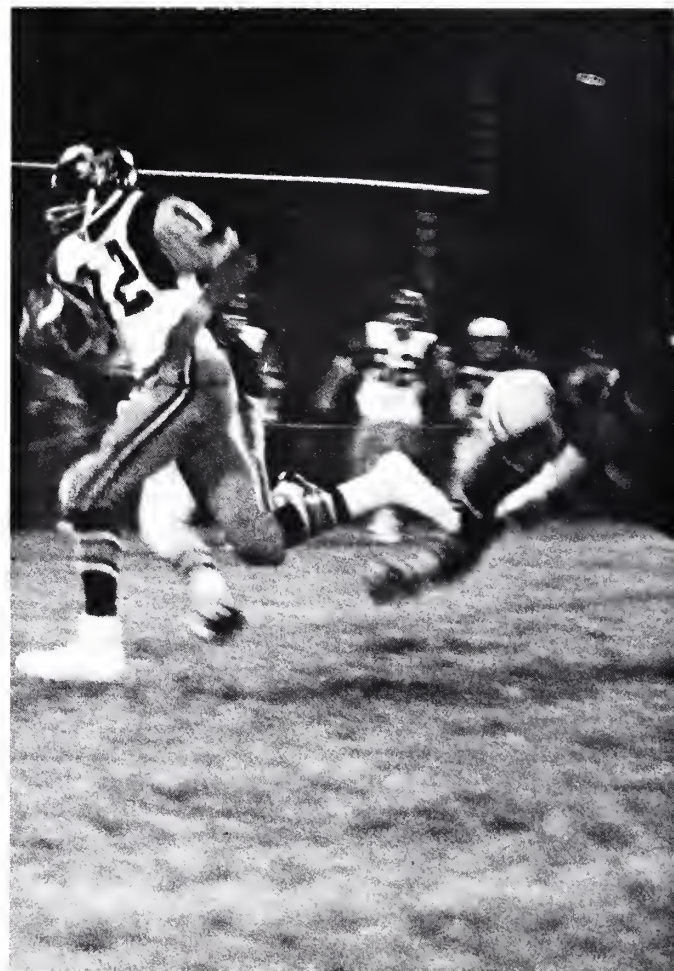
Leisurely hanging around, Doug Kisamore and Greg Surles wait patiently to go back to school.

Strainless work to improve parking conditions in the field gave students more parking space.



Painters Kathy Bullock, Vaughan Sullivan, Donna Calabrese and Donna Rosser create the circus mural.

Streaking past a Culpeper defender, Van Hamm sparks homecoming with a 28 to 8 victory.



Betsy Brown tapes streamers on the cheerleading car. Homecoming parade day meant a day of decorating and cutting classes.

Resting dancers Fran Graninger and John Atkins take a break to listen to the music of Church.



Skillfully cutting out a circus clown, Maria Snellings works hard in preparation for the dance.

BIG TOP BIG GAME BIG NIGHT

Where's the tape? . . . Go get more orange streamers! Shouts and excited screams flew out when students decorated for the homecoming parade. Missing study hall and other classes inspired us to work even harder. The parade began by marching down to Maury Stadium with cheers of encouragement for the football players. The GAA financed the band and decorated the gym all week trying to create a circus atmosphere. The theme, "Under JM's Big Top" added to the music of Church. Winning the game by slashing Culpeper 28 to 8 put more excitement into the fully packed weekend. The night of the dance provided maybe a new date or experimenting with a new kind of drink. "Honeycomb" Williams and Anita Terrell were crowned King and Queen, while Beth Merchant and Bernard Robinson were honored as Prince and Princess. Tired and worn out we left the dance with a variety of parties to attend or going out to eat. The weekend was over with many good memories and thrills.

A special weekend meant going to a long awaited dance with friends. Van Hamm congratulates Homecoming King Honeycomb Williams as Queen Anita Terrell looks on.

You deserve a break today. Riding in continuous circles around McDonald's and Pizza Hut, congregating students enjoy a night of smelling pizza and Quarter Pounders.





CRUISING TOWN MURKING THE HUTCH HILL

As we all know by now Fredericksburg is a town of such proportions that it could dry up and blow away and no one would be the wiser. If asked how they spent their time on a typical Friday night, most teenagers could reply that they "read a good book", however, the town does have a few facilities for entertainment if one knows how to find them. The primary "good time" consists of a movie and a pizza at the Pizza Hut. The parking lot at the Hut and McDonald's is the meeting place of practically the whole "in" crowd. The 60's are returning in the form of cruising the town, which involves a lot of riding around these two parking lots. A bottle of wine or a case of beer, a tank of gas and you are off for a fun-filled evening of riding around. Basketball and football games are time consuming entertainment but growing less popular with current decreasing school spirit. Drinking and private parties are tied for first in the list of favorite pastimes. The town is still safe enough for a romantic walk in the moonlight, and parking on a deserted hill overlooking the lights of the city is frequently undertaken. As the years pass by, we will look back with a sigh and murmur, "Those were the good ol' days?!"



Tension mounts as JV Brad Hastings tries to grab a rebound away from Anthony Jackson of Spotsylvania.

Frequent places to go in Fredericksburg on weekends include the Silver Slipper Club, Coachman, Skateland, Putt-Putt, and the Pizza Hut. John Zitz concentrates on sinking a hole in one on a Saturday afternoon.

ELTON RHODA GODFATHER 2

The Bitch is Back. Rock star Elton John performs enthusiastically at the Capital Centre on December 5, 1974.

With prices spiraling we turned to a cheaper form of entertainment — television. There were many good new series offered for viewing pleasures. Situation comedies were popular as shown by the success of "Rhoda" and "Chico and the Man." "The Jeffersons" a spinoff of "All in the Family," also captured audiences.

Fredericksburg had a good selection of movies. Again comedies were crowd drawers. Some of the most popular were "Young Frankenstein" and "Groove Tube." Spinoff serials such as "Airport 75" out of "Airport" and "Godfather Part II" out of "The Godfather" were big attractions.

For a special weekend, Washington and Richmond provided concerts featuring Elton John, Todd Rundgren, and George Harrison. For those who couldn't afford a concert, records brought rock and soul music home. Radio favorites included: Doobie Brothers' "Black Water," Bachman Turner Overdrive's "You Ain't Seen Nothing Yet," Elton John's "Philadelphia Freedom," Average White Band's "Picking Up the Pieces," Golden Earring's "Radar Love," Eric Clapton's "I Shot the Sheriff," Ohio Players' "Fire," Earth, Wind and Fire's "Shining Star," and Al Green's "L-O-V-E."

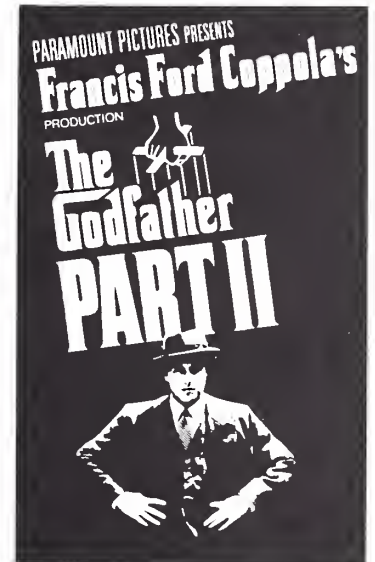


Top NBC show of 1974-1975 was Chico and the Man.

Switching to her own tv show Rhoda was an immediate comedy success.



Fire Chief Steve McQueen and contractor Paul Newman create *Towering Inferno*, the hottest movie of the year.





Dancing wear provided colorful long dresses and a casual suit or a sport coat and matching pants.

In style for spring, Robert Prasse wears a western shirt and corduroy pants while Mark Pitts illustrates the classic outfit for warm weather.



High stepping and quick toes. Roxy Brown models typical school attire—straight leg jeans, platform shoes and knit shirt. Partner Derwin McNeil stays in style with his wide laped sport jacket and his velvet bow tie.





BLUE JEANS PLATOFORMS

Gold, Gold, Gold . . . settlers went out west in the search for gold. In 1850, Levi Strauss developed trousers for gold miners. In 1975, Levi jeans are the biggest and most popular piece of clothing for students. Forms of jeans consist of skirts, bib overalls, dresses, pants, and pocketbooks.

Earth and platform shoes were the "in" thing to wear. An additional 6 inches in height meant a sore head and learning how to walk again. From the guy's eye view, trying to see a pair of pretty legs was harder to find as longer skirts and dresses appeared in the halls.

Wearing a western style shirt, casual pair of pants, and converse tennis shoes were all a part of a boy's daily appearance. Afros continued to be popular but a "new" way of styling the afro was to blow it out for a more informal look. Hair began disappearing on girls backs as shag haircuts and old fashioned styles came back to Fredericksburg.

In the year of jeans, Kathy Glover sets the mood with her new jean dress.

12 HRS 9 MINS SCOT-FREE

School does not last twenty four hours a day. Despite opinions that the 8:15 to 3:06 day was of interminable length, the seventeen hours and 9 minutes of daily free time provided opportunities for students to develop individual and group interests outside of school. Groups such as Boy Scouts and Girl Scouts sponsored weekend campouts and winter deep freezes. Local churches provided youth choruses and fellowships. Two touring choirs, Maranatha and Shiloh Young Peoples Choir combined numerous voices; talent and enthusiasm. Saturday and after school practices yielded perfected concerts throughout the community and during the summer throughout the east coast. Local volunteer services were willingly staffed by JM students. Candy Strippers worked at Mary Washington Hospital Tuesday and Thursday afternoons. Others were involved in Hot Line publicity and staff organization. The March of Dimes walkathon drew enthusiasts for the twenty mile walk around Fredericksburg. Student initiated and organized associations proliferated. Private clubs composed of friends sponsored money making projects to give dances. Tree House, a social center open to the public, featured crafts, guitar playing and rap sessions.

Singing gospel music, the young people's choir of Shiloh Baptist Church performs weekly and has appeared on channel 69.

Bicentennial artifact. Luther Smith, member of the Washington Boyhood's Home Chapter discovers a hinge dating back to 1775. Anthropologist Dr. Clyde Carter examines the workmanship.



A one and a two . . . and off with a relaxing evening of singing and rapping in the new Tree House. Hank Helman and Margery Spiller tune up on some sour notes.



"I Honestly Love You" melodiously captivates the audience at the Kiwanians' Annual Talent Show. Kathy Higgins received first prize in the high school division as well as the Grand Prize for her performance.





Only Coke makes things go better for the yearbook staff. Will Chase, John Folan, and Jay Flippo enjoy the lift of a Coke at one of their weekend jam sessions.

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Planning a future is important and here at Milton B. Graves Insurance they can help you make the best of what you've got. Teresa Snellings and Jay Flippo know where they feel safe.

FOSTER TIRE CENTER INC.



PAPPAGALLO'S



Dress up and step out in a new outfit from Pappagallo's. Betsy King and Terry Davis admire a current style.

Washington

There is an ancient fable that tells of a poor boy traveling through the jungle at night. As it grew dark, he heard many sounds, including a voice telling him to stop and gather as many leaves as he could carry. The boy, not fully believing his ears, only picked a couple of leaves. The voice warned him as he continued. "Tomorrow at sun-up, you will be both glad and sorry."

The next day the boy noticed a sharp jabbing in his legs as the sun came up. When he examined his pockets, he found not leaves of foliage, but leaves of gold. Then he was glad for his good fortune, but he was truly sorry he hadn't believed what he'd been told.

And so it is with insurance.

Middleton

HOOES



Gear up and spin out with Kelly Hooe at Hooe's Automotive.

AUTO MOTIVE



AND SHOP

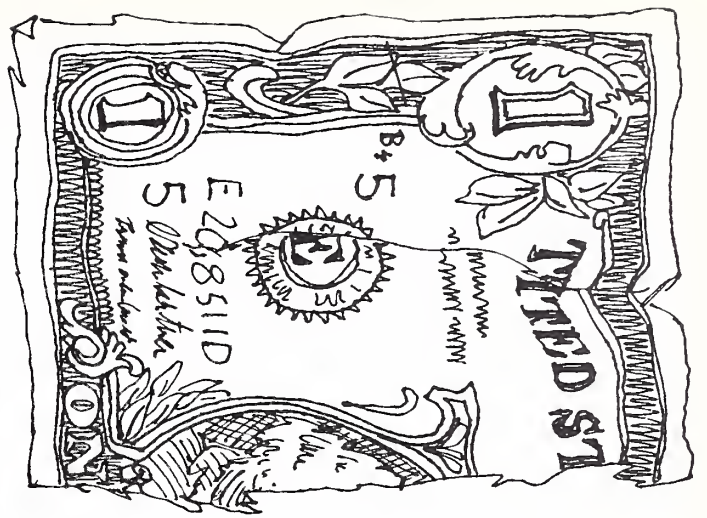


When Maria Snellings gets inside Stop 'n Shop she goes wild over the great bargains — just like you will.



For rings of distinction, Susan Jones and Jimmy Watters explore the world of Karjay's Jewelers.

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'MOON' SHINES OVER

A Colonial hostess greets Mr. Rick Hall and American History students outside the Governor's Palace in Williamsburg.

Action rivaling that of the 1781 battle prevailed when American History students hit Yorktown. The bombing fad of streaking bottomless added hilarity to the weekend learning situation. The historical Williamsburg trip combined culture and fun in an eighteenth century atmosphere.

Involvement with a purpose described social studies programs. Government students enacted a Mock Congress and simulated 'Elections.' In 'Elections' the students set up the polls and nominated candidates for President. They then arranged campaigns and learned how to deal with all types of people. They learned that they had to cope with Yankees, Rebels, Whites, Blacks, Protestants, Jews and Catholics. While laws were being made in the Senate, the sociology students ran their own community, 'Sunshine City.' Sunshine City was a game in which each student was randomly assigned a certain status, color, creed, and religion. Involved students felt their personal tolerance increased as a result of participation in Sunshine City.



A Sunday morning bus ride follows an eventful weekend trip to Williamsburg.

R YORKTOWN



Media Center volunteer aide Xavier Richardson cards books at the front desk.

"Aye" vote Gordon Self, Barry Logan, and Phillip Leonard during third period's Mock Congress.

Practice makes perfect, but there's nothing like the actual production. Scott Olsen and Simon Gray learn during the one act play "The Still Alarm."



Jumping for the ball students get a good workout in the PE program.

Practicing newly learned make up technique, Dolores Skinner applies rouge to Bryan O'Toole.



YE COMES TO TOWN



Drama can be enjoyed not only by viewing but also by becoming involved in the actual production of a play. Many opportunities were open to all students in every aspect of the theater. Drama classes combined both a study of technique and history of the theater. The department also offered three plays annually which gave students a chance to become involved in acting and stage production. The senior class production "Onions in the Stew" provided many seniors with their first taste of theatrics. The newly remodeled auditorium not only improved the acoustics, giving the audience a feeling of greater involvement, but also created a more pleasing atmosphere. Tryouts for the other two plays, a one act play and the children's play, were open to any interested students. Trips to area theaters, planned by Mrs. Klein, were taken throughout the school year. This provided a means through which anyone could visit professional productions that they might not have been able to attend otherwise. Through these trips and the drama classes, many students came to recognize that the theater was an important part of life.

Go out in that weather? Such protests rang out when PE students were herded out in less than inviting weather. Vigorous exercises were executed as the PE students were readied for their classes. Mid-winter months brought indoor sports such as basketball, volleyball and handball.

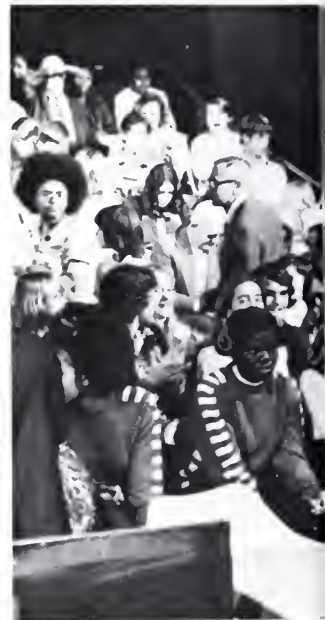
Learning new techniques of film animation at the Free Lance-Star — Simon Gray works at the drawing table, while Christy Phillips uses the camera to achieve the finished product.

As the result of the new nine week system Karen Gill, Doug Tinder, and Janet Beazley form a line to make a change in their schedules.

School started at 7:30 am for eight students every Wednesday for six weeks. These early risers worked for JM's first appearance on 'It's Academic' sponsored by Giant Food and TV Station WRC. Giving up their free time, they were drilled and questioned by coaches Mr. Glenn Tanner and Mrs. Mary Pitts. A final panel was chosen consisting of Jeanette Rowe, Therese Freiling, and David Cox. On the December 28, airing of the show, the team finished third and received a scholarship of \$100 and a collection of Sir Walter Scott books.

Bears attacked Move '75 campers at Prince William Forest or so a tent of girls thought until they discovered that the only bear there was fun loving Ira Weston. A camping trip was one of the Move '75 expeditions. Move '75 was designed for highly motivated and talented sophomores, juniors, and seniors. Other activities included a trip to the Capital Center to see Olga and the Russian gymnasts, another to the Arena Stage to go behind the scenes and then view the production of Death of a Salesman, and a Government in Action Program.

A move toward year round education brought the quarter system and its quarter credits, new schedules each nine weeks, and no exams. Following initial confusion, many students liked being able to change teachers and having new classes each quarter while others felt it was harder to learn a subject with different teachers. Students did enjoy not having to take exams but were concerned about losing a quarter credit for failing one nine weeks instead of being able to pull it up as in the former yearly credit system.



Jeanette Rowe accepts a \$100.00 check from Brenda Talbert of Giant Food. David

Cox, Therese Freiling, and Coach Tanner look on.

THE SHOW MUST GO

Anxious for TV action, students wait for the taping of It's Academic to begin.

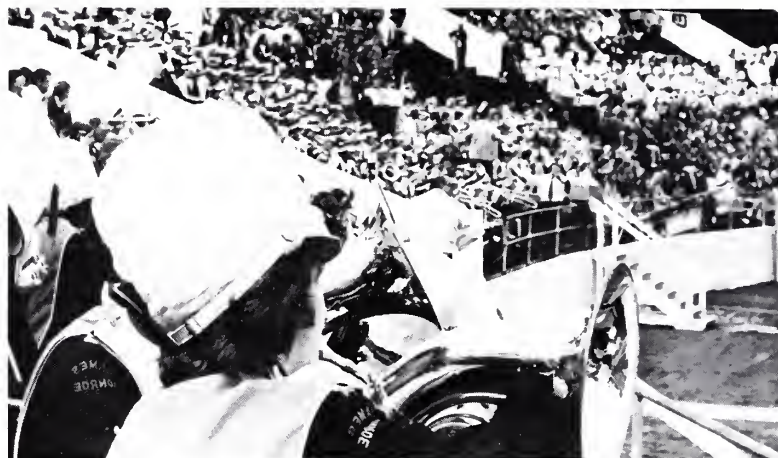


3
Woodpecker Melissa Wiggins chops away on wood for a breakfast fire.



With a new name and mostly new faces, the Monroe Singers began to expand their learning experiences with performances outside school functions. Of the Monroe Singers teacher Mandy Carr said, "I feel that most of them sincerely enjoy the challenge of learning choral music. They enjoy hearing themselves harmonize. Singing the melody is important, but the harmony makes the music." Of the twelve members of the advanced chorus, most of the students shared the same feelings about the course. Jessie Harris commented, "When we perform, we are more like a part of the music we sing and each other. There are special people in the group, but all of us make the group, and without each other's concern about music, we wouldn't be." The Monroe Singers often performed with the chorus in concerts and assemblies. The chorus was a much larger group than the Monroe Singers which provided a good sound and made for good stage appearance.

Roll call at 7:45 am meant that before most people were awake, the marching Jackets were preparing the Friday show. The hours of hard work paid off for everyone in the unit when fall was highlighted by a trip to Philadelphia to participate in the Temple University Band Day. Although the band was forced by a rainstorm to present halftime in the stands with only music, the excursion was an adventure for everyone. Spring brought concert music with presentations at each of the Fredericksburg City Schools, a spring concert, and Sights and Sounds. Parades were vital to the band program throughout the year. Regional Band activities centered around the Richmond area and JM sent as representatives Jay Copp, Harry Philpott, David Hancock, Jo Wiatt, Dennis O'Shell, Jim Hicks, and Eric Secor.



The bass section of the chorus studies all the notes in preparation for their next song.

Marching Jackets perform in the stands at Temple University's Band Day.

A half time extravaganza included musical selections, marching feats, and pom pom and flagette routines.



The strings class was a first. Violinists Jay Surles, teacher Jan Kourouklis, and Virginia Gillespie develop their orchestral abilities.

With harmony and enthusiasm Miss Mandy Carr and the Monroe Singers celebrate Christmas at historical Kenmore House.



The straining eyes and sweating brains of Theresa Harrington and Kelly Hooe compare Algebra II solutions.



A new oscilloscope built by Mr. Dale Saylor amazes his physics students Mary Daley and David Cox.





Bravely mutilating her earthworm Pat Pritchett endures formaldehyde in the nose.

Buzz . . . Brrr . . . alarm clocks that couldn't be heard were the rule when physics students constructed sound proof boxes. For the at home project students lined boxes with materials as diverse as carpet, cellatex, towels, foam rubber, styrofoam, and even popcorn. Despite the alarm clock loosing its alarm before all boxes were tested, the project brought interest to the physical idea of sound. In a year for experimentation, physics students also dropped eggs from a second story window. A little luck combined with shrewdly constructed containers for the eggs resulted in a few unbroken eggs on the ground. Earth space science, a new course offering, provided freshmen with an alternative lab course.

No where was one advantage to the nine week system as evident as in the algebra one program. For the student who did not succeed in one nine weeks course, the opportunity to drop back and repeat that nine weeks work immediately was available. No longer did a lost student sit in the class for an entire year and end up repeating the whole year's work. Instead he could finish the year lacking only a quarter credit which could be earned by attending summer school for a short period of time. Selected academic students took the National Mathematics Contest Examination. Therese Freiling earned the school's highest score.

The square foot of 242? Board work for Bernard Robinson, Janna Berry and Kathy Jones chalks up a good way to participate.



SCIENCE

JOCKEY SHORTS

Dogs, cats, rats, bears, and elephants ran rampant on the second floor as the new Home Economics teacher Doris Darden incorporated stuffed animals into her sewing program. The stuffed animals were made from leftover material, teaching the students not to waste good material. The hardest part, said the students, was putting the foam in the animals. The finished product was a nice, economical gift for the young and old. Mrs. Darden instructed her classes in making lingerie. This came as quite a surprise to most of the students. A greater discovery came when it was found that four pairs of panties cost \$1.68. The three viking sewing machines were soon buzzing with eager students. Miss Darden's programs left the students with a feeling of fulfillment. Sewing could be fun.

Nursing is a very big word that covers a very big area. There are many different aspects of this profession, including anatomy, nursing arts and nursing procedures. The four students in the nursing program were joined by girls from Stafford, Spotsylvania, and King George. Many of the students said it was interesting, informative, rewarding, and it made one feel like she was really doing something worthwhile. The atmosphere of the nursing class was most pleasant. All the students worked together. The girls found that helping people left them with a feeling of importance. One of the areas explored in the nursing class was a Standard First Aid Class, which began with one student being able to get up enough wind for artificial respiration.



With a combination of floor nursing and classroom, Laverne Boley works daily.



Instructions from Miss Doris Darden help Deborah Harris create a crocheted scarf.

Expert knitter Pat Swanson prepares her Home Economics project.

Nimble finger Geraldine Moss develops handiwork skills.

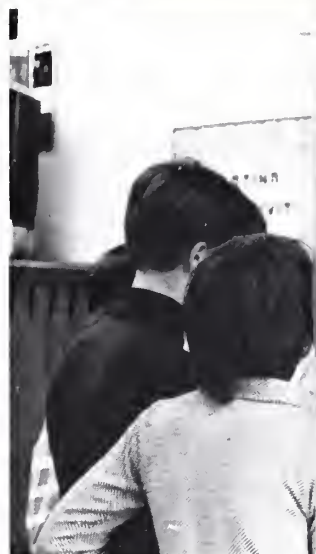


Double checking medical records is part of Cindy Bruce's practical nursing program.

The submissive wife, the dominating wife, the seductress-goddess, the sex object, the old maid, the liberated woman — 'Images of Women in Literature' delved into the concept that women have an important part in society but especially in the arts. The subject of women being forced into different roles versus the idea of the role fitting the individual woman was presented. Another English course, 'People in Protest,' dealt with the idea that people are beginning to break out of traditional roles and learning to be themselves. Emphasis was placed on the black movement. The students themselves actually wrote their own plays and short stories of protest. Perhaps the most unusual of the new classes offered was 'Perspectives on Death.' All aspects of death were discussed, including the physical part of dying, the emotional aspects of dying, the preparations before and after death in this country as well as others, and death in music and literature.

"Mommie, the king doesn't have any clothes on!" Thus the foolishness of the Emperor in his supposed new clothes once again delighted audiences. Our actors and audience were the second year French students. Plays, projects, songs, and bulletin boards added interest in foreign language classes. Spanish classes got a taste of old Mexico at a Christmas fiesta, complete with authentic food and subsequent mess as well as a pinata. Slide shows of Rome and its culture provided a treat for Latin students.

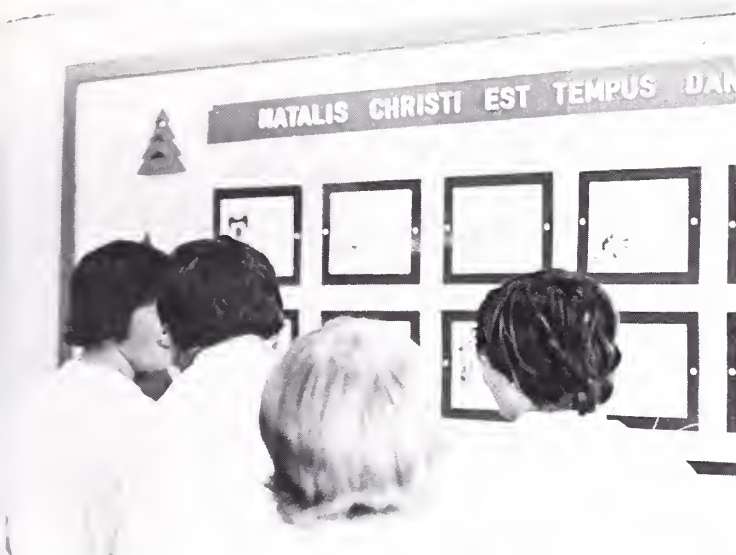
Dynamic poetry reader Miss Martha Anthony beats out rhythm as a guest speaker for Miss Annie Anthony's class.



Christmas carols in French seemingly perplex vocalists Karen Gill, Nancy Smith,

Joyia Zapantis and Byrd Oliver at the French Club Christmas reception.

HAVE AN



Latin I students gather around their class project, a seasonal bulletin board.

First day assignments and course expectations greet English teacher Miss Jeanette Bickings' freshmen.



WHERE BURGERS ARE

Final touches. Joyce Washington delicately adds the last ring of icing to her cake project.

Come on down to the nook where culinary art is our specialty. Aromas of roasting beef, baking turkey, mouth watering pies and hot rolls escaped into second floor hallways as first and second year food service classes created tempting meals to serve faculty members in its own restaurant. The first year class learned basics. Special projects included a cake decorating unit. The second year class catered meals, banquets, receptions and desserts. Serving skills as well as food preparation were emphasized. The classes attended the culinary arts exhibition in Richmond and brought home an honorable mention for a canapé tray and third place for a doll cake.

New tables! With unequaled excitement art students greeted the replacement of art tables in the fall. Requested long ago by art instructor Johnny Johnson, the new tables enabled students to work on smooth surfaces without worrying about ripping their papers or breaking their pencils. No longer required to rub prints until arms felt as if they would drop off, students also enjoyed using the newly acquired printing press for etchings, collergraphs and relief prints. The old kiln was repaired and put into full operation again.

Whipping hands. Janice Washington and Karen Hall prepare a cake mix in preparation for state competition.



CHARCOAL - BROILED



Smoothly stroking Carol Durante works freely in 3rd period art class.



Hard at work, Sandra Madden, Rosilyn French, and Joyce Washington beat eggs and chocolate.

EARN WHILE YOU L



As part of their learning experience DE students Barry Logan, Gordon Self, and Chuck Doig get a taste of big business by running the school store.

District girl of the year Cindy Touchstone demonstrates hairstyling and makeup technique.





Employee of Flowers by Ross, ICT student David Johnson loads the van.

Click, click, click. Typist Cheryl Gray slips in a piece of mutilated eraser tape.



With one foot in the road 30 students combined classroom and club activities for a strong, viable program in distributive education. Community awareness provided a focal point. Students and coordinator Bonnie Stone attended a Fredericksburg City Council meeting where a presentation of final plans for the revitalization of downtown was made by the State Division of Planning and Community Affairs. A Thanksgiving project involved a trip with refreshments to Hughes Nursing Home while at Christmas toys were collected for the Elks for needy children. President Barry Logan addressed the Kiwanis Club while both he and Cindy Touchstone spoke to the Jaycees concerning DE activities. Linda Cooper of "Community Forum" interviewed DE students on WFLS radio. Highlighting fall activities was a professional field trip to the Seneca Glass Company, Morgantown, West Virginia. Another outing provided a visit to the National DECA headquarters in Falls Church. For practical experience in merchandising as well as to finance activities, DE students ran the school store which featured a newly decorated interior stocked with school supplies. Place mat and calendar sales added to the revenues from the ever popular bake sales.

Pocket cash for school work brought monetary as well as experience benefits to students enrolled in Cooperative Office Education, Distributive Education, and Industrial Cooperative Training. Classwork in the morning was followed by work experience in the afternoons.



Enjoying a moment in the reading trailer, Wallace Banks is helped by reading teacher Mrs. Judy Cobb.

Perfectionist Welford Lewis is aided by onlooker Godfrey Poole in learning measuring accuracy in the Ind. Arts Lab.



Building a house under simulated conditions Russell Sager and Lewis Ellis gain practical experience for the future.



Decked out in bibs and goggles and isolated in their own end of the building, industrial arts students mastered concepts and skills through practical applications. Projects for each phase of the program provided concrete experience. In woodworking students made bookends and letter, pencil and napkin holders while in ceramics they molded bowls and other pottery pieces. In graphics the students learned to use the printing press and then printed the Industrial Arts News. Drafting and construction of model homes further strengthened offerings. The industrial arts showcase, the pride of the department, boasted a different display each week. Through sharing preparation of it each individual enrolled had an opportunity to attractively organize and arrange a public display.



Assisted by Industrial Arts teacher Mr. Maurice Jackson, Kent Farmer and Welford Lewis learn to apply drawing accuracy.

If you can't read, then read more. Such a proposition hardly described the role of the reading department. Instead trips to the reading trailer behind the school were encouraged. Concerned about why students had difficulty with reading, the teachers worked individually to first solve basic problems so students could enjoy reading more and better. A federal grant brought new books, supplies and materials to enhance the teaching of reading skills and provide a more enjoyable class.

READING ON WHEELS

IN THE HOUCH

Sleepy eyed practices create hockeyland

With the sun beating down on their backs, JM's beauties transformed into taunting savages. For six weeks they endured swollen ankles, stinky shirts, and grimy socks. Daily practices with Peter Puck up and down the hockey field was all in a day's work. At the crack of dawn — 7 am — the girls practiced to beat the afternoon heat. As the season began, the girls looked forward to eight big games.



A disappointing loss at Spotsy after defeating the Knights at JM was made up by tying the powerful Culpeper team. Slaughtering victories over King George helped every girl to see action. The long hours of sweat seemed to pay off when they anxiously watched the white ball slash into the goal.

Toward the end of the season, the new team members were faced with initiation. Initiation included being written on by magic markers and thrown around the bus for a little fun. Through all the ups and downs, participating and learning the sport made it all worthwhile.

Fast flyers Sarah Spratt, Therese Freiling, and Darcel Snellings chase vigorously to swat the ball.

Sarah Spratt lunges to clear the ball away from Culpeper defender Donna Barnett.

1974 Varsity Hockey		
Season's Record: 3-1-2		
JM	Opponent	
2	Spotsylvania	0
1	Culpeper	1
0	Spotsylvania	1
1	Culpeper	1
6	King George	0
2	King George	0

1974 Junior Varsity Hockey		
Season's Record: 1-3-1		
JM	Opponent	
0	Fauquier	3
0	Spotsylvania	0
1	Culpeper	1
1	Spotsylvania	1
2	Culpeper	0



THE

WLD STREAK

Jackets plunge into season with seven wins

1974 Varsity Football
Season's Record: 8-2

JM	Opponent	
21	Broad Run	0
19	Loudoun County	3
30	Varina	0
21	Stonewall Jackson	8
27	Louisa	0
20	Matoca	0
14	Orange	12
27	Spotsylvania	38
28	Culpeper	8
19	Stafford	23



Raymond Greaser, cleared for take off by Van Hamm's 12 yard pass, makes a touchdown. Honeycomb Williams looks on.

Louisa L's seldom ignored bread and butter runner Ralph Johnson as in this unusual break. He carried for 10 yards.



It all began on a rainy night at Broad Run. Moving on week to week winning, it was becoming phenomenal for other teams in and out of our AA district to believe after returning from a very dismal and also a good experience in the AAA district. It had been two long years since Jacket Country had seen such a winning streak. Around here that is as much un-American as being without apple pie. The fans were back once again at Maury

Stadium, watching a display of togetherness that was providing plenty of action, points, enthusiasm and most of all victories. It was a year of high achievements for Coach Paul Neal and his football Yellow Jackets.

As the seventh week of the season started, rival Orange County attacked our city. With seconds remaining in a tight game, Raymond Greaser came through with

a 51 yard pass — run touchdown to win the game. As this was being celebrated, the Jackets had to think about the next week when they would face arch rival Spotsylvania. The game which proved to be close and action packed started with Van Hamm throwing to Charles Kleff for a 21 yard gain. From there Bernard Robinson ran in from the 11 yard line for the first score.



EXPECTATIONS

SHATTERED

Arch rivals dig in tough



The confidence was on our side — it looked like it would be another win and the Battlefield District Championship would be ours. Ambrose Bailey recovered a fumble then Van Hamm led us to a touchdown from a one yard quarterback plunge. Victory looked even closer even though Spotsy could not be counted out of the contest with an offensive weapon like their big, talented running back Steve Atkins. Atkins, one of the most sought after high school athletes in the nation, ran three touchdowns and intercepted two passes that proved to be the

deciding factors in the 38 to 27 victory for Spotsy. The game also proved to decide the Battlefield District championship.

Playing for pride was the assignment for the two remaining contests since Spotsy had eliminated us from play off berth. Pride prevailed at the homecoming game against Culpeper. It was an instant 8-1 record.

All was ready for the arch rivals across the rapids of the Rapahannock. Stafford was the favorite, however, Raymond

Greaser's record setting interception from the 8 yard line of Jayem to the Stafford end zone for a 92 yard touchdown gave us the half-time lead. In the second half, Stafford began to emerge. Action was all theirs and we lost.

Despite disappointment of losing to the two local arch rivals, the record stood as an impressive 8-2. The team had its fine standouts. District coaches selected six players for the All District team while the Free Lance Star sports writers elected Head Coach Paul Neal Coach of the Year.

1974 Junior
Varsity Football
Season's Record: 5-3

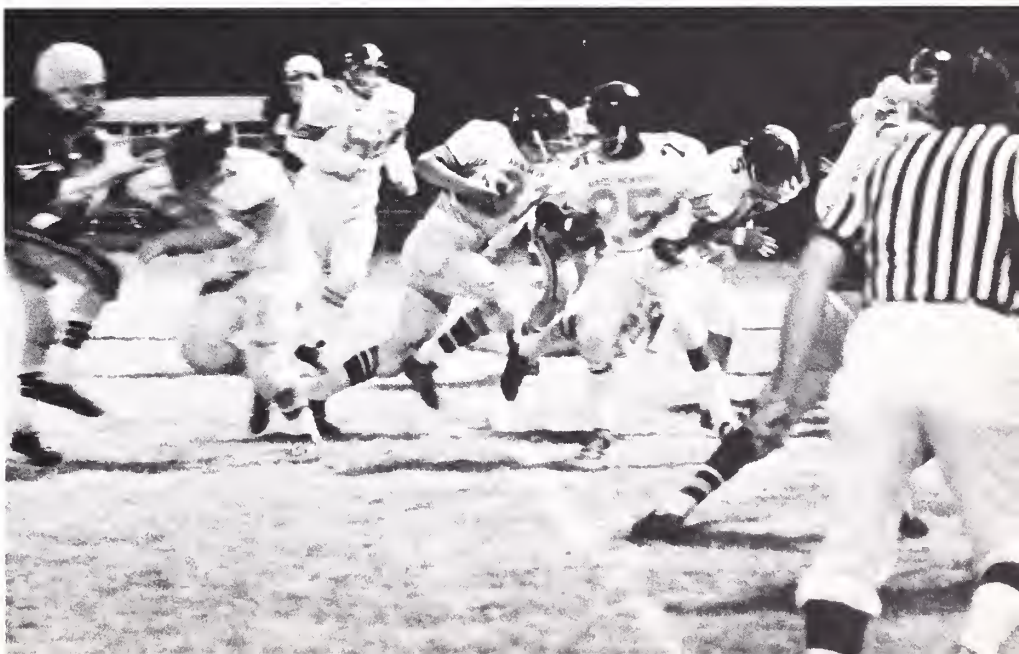
JM	Opponent	
6	Stafford	20
21	Culpeper	8
34	Louisa	0
14	Spotsylvania	0
28	Culpeper	12
20	Louisa	0
6	Spotsylvania	28
13	Stafford	14



The passing game provided the heart of our attack. Charles Kleff receives a pass from Van Hamm late in the second quarter of the Varina game.

In Agony . . . Kent Farmer epitomizes disappointment after our team loses to Spotsy.

Slashing and sliding through the Culpeper defensive line, Richard Willis runs for a first down, in JV action.



Orange FEVER

Team trip to watch nationally ranked Immaculata closes season.

With new and inexperienced players the girls basketball team went through a season of ups and downs. One returning starter and a lack of height produced an average season for the team. Starting her third season as a varsity player, Melissa Wiggins with her quick ball handling could get open for the 15 foot jumper. Melissa Cox, a freshman, was

moved up to varsity first string at the beginning of the season. Transferring from King George, Therese Glancy started there and also played a starting role for Jayem. Her good height brought down many rebounds. Jo Wiatt's shooting touch became very effective when the team was playing well. Playing in her second year as a sophomore, Shawna Edmonds with her speed could run



Persistent Melissa Wiggins weaves through two Orange defenders to make a basket.

A fast break by Melissa Cox enables her to make a quick hoop. Melissa Wiggins provides confidence.



for the fast break as could Melissa Cox. Successfully beating Stafford in the opening game evoked spirit in the team, but playing such tough competition as Culpeper and Matoaca eliminated the team's hopes of becoming winners. Coming in third place in the district was an accomplishment but to the girls a disappointment as they felt they could have won it all.

1974 Girls' Varsity Basketball
Season's Record: 6-6

JM		Opp.
59	Stafford	58
67	Louisa	30
39	Culpeper	40
30	Orange	42
52	Spotsylvania	37
60	Louisa	25
46	Stafford	48
47	Culpeper	64
37	Spotsylvania	38
34	Matoaca	45

1974 Girls' JV Basketball
Season's Record: 5-6

JM		Opp.
27	Stafford	22
28	Louisa	52
25	Culpeper	29
19	Orange	33
13	Spotsylvania	15
25	Louisa	24
22	Stafford	25
17	Culpeper	21
20	Spotsylvania	17
31	Varina	11



Free Points—Cindy Jones lets one fly at the free throw line.

Leaping Lizards! Shawna Edmonds jumps with Cindy Jones of Orange marking the beginning of the second half.

UTAH JUNES

Capturing regular season title
brightens team outlook

Being the best basketball team in the district provided excitement and pride. Losing only one district game to Matoaca ignited the team toward its ultimate goal, "state champs." Coach Lloyd Gibson was once again seen on the bench coaching after resting out one year. The team had good height in their front line which produced many points. Center Dana Cunningham, aside from averaging 20 points per game, also was the leading rebounder. Scoring 45 points out of the team's 67 at



Leaping, Mike Brown pinpoints perfect accuracy toward the hoop in a non-district contest against Woodbridge.



Culpeper clinched a spot for the Jackets to go to regionals. He was joined by two tall forwards, Mike Brown and Derwin McNeil. Their clutch performances and key rebounds enabled the team to succeed from game to game. Quick footed "Honeycomb" Williams' duties were handling the ball on fast breaks and trying to set up one of the big men underneath for an easy basket. His good defensive skills provided many dazzling lay up shots. Help-

ing "Honeycomb" were Bernard Robinson and Kelvin Jackson. Alternating both in the game kept fresh players to run fast at all times. A good ball club of course could not win with just 5 or 6 players. Depth was very important in making the team function well. The bench provided key baskets while the other players rested. With seven district wins a title looked easy. Matoaca, who had lost two games and in second place, invaded Fredericksburg.

1974—1975
Varsity Basketball
Season's Record: 17-6

JM		Opp.
68	Louisa	47
64	Matoaca	56
56	Spotsylvania	47
52	Varina	49
69	Culpeper	57
62	Orange	44
67	Culpeper	60
47	Matoaca	65
62	Varina	46
43	Spotsylvania	38
66	Orange	47
74	Louisa	61
40	Waynesboro	28
47	R. E. Lee	51

Open underneath Mike Brown tenderly pushes the ball for two. JM lost the contest to Matoaca 47-65.

Caged Dan Cunningham struggles for the popular ball in the game JM won 62-46.



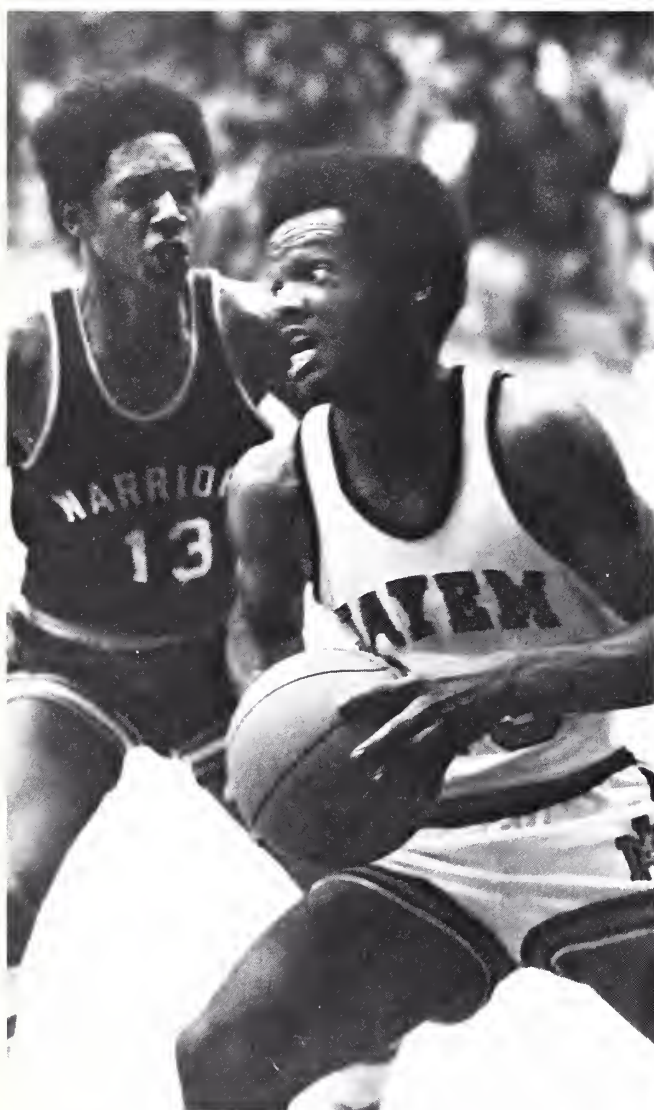
BOYS

BASKETBALL

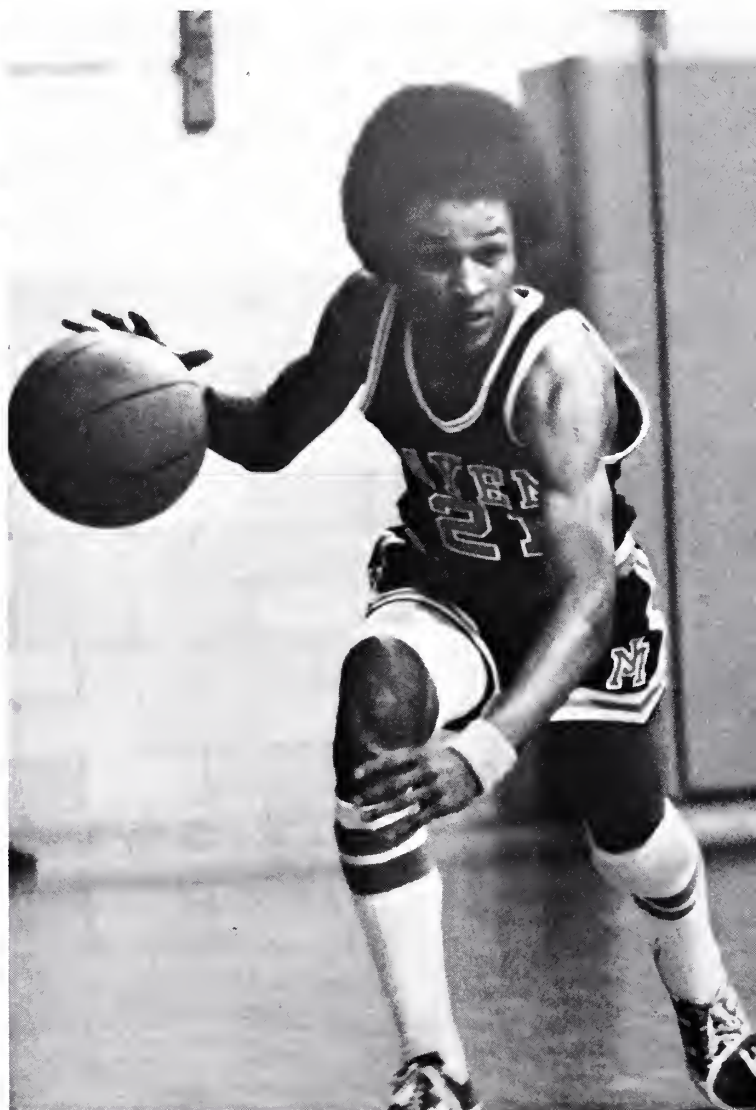
Defeats in the Christmas tournaments and regional play halt momentum

The Matoaco Warriors came out red hot and defeated the team by 18 points. With four tough games

remaining, wins were necessary. Breezing through the games, the team looked like winners. Despite a loss to Varina in the opening round of the Battlefield District tournaments we were still on our way to regionals. At Spot-sylvania's gym, the Jackets faced Waynesboro High School. Waynesboro, afraid of our fast break, attempted to slow the game down. Their slow down tactics failed as we won the low scoring contest 40 to 28. Going into



Expressionistic Derwin McNeil fights his way through Matoaca's James Cunningham.



Kelvin Jackson in a spider-like way weaves his way past Jimmy Schaklette of Stafford.

the semi-finals of Region II, the team faced a strong and determined R.E. Lee from Staunton. The week night game two hours away meant fifteen fans. Underdogs going into the game, the Jackets surprised many people by staying close to R.E. Lee but losing by 4 points. Dana Cunningham made 1st team on the All Battlefield District. Mike Brown and "Honeycomb" Williams were selected for the 2nd team of All District.



Honeycomb Williams, capitalizing on a fast break, drives down court during the fourth quarter of the Waynesboro game.



FLIP FLOP

Tumbling, turning, and twisting acrobatic girls post 3-3 and 5-0 seasons

Saturdays, Sundays, and after school practices every day from November through February meant discipline and agility for gymnasts. The team's strong point was the versatility of the JV squad. Unfortunately the varsity squad lacked the depth of the JV team. There were no varsity all-arounds as compared to the JV's two, and most of the varsity girls competed in only one or two events. Another drawback for the varsity team was the lack of difficulty. Stunts took time to perfect. Learning just the basics required two to three years of experience. In order to prepare young children to participate in gymnastics earlier, team members volunteered as instructors at Hugh Mercer Primary School.

1975 Varsity Gymnastics Season's Record: 3-3

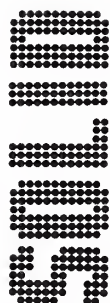
JM	Opponent	
85.89	Stafford	151.98
85.20	Spotsylvania	63.62
75.30	Matoaca	64.30
72.30	Culpeper	42.50
103.10	Varina	159.40
121.15	Quantico	121.85

1975 JV Gymnastics Season's Record: 5-0

JM	Opponent	
46.10	Stafford	44.80
68.41	Spotsylvania	55.51
41.40	Matoaca	25.90
40.20	Culpeper	26.45
48.30	Quantico	40.80

Poised and limber Susan Jones demonstrates her balance beam technique in the meet against Spotsylvania.





Strong hitters and fielders
combine for improved
season



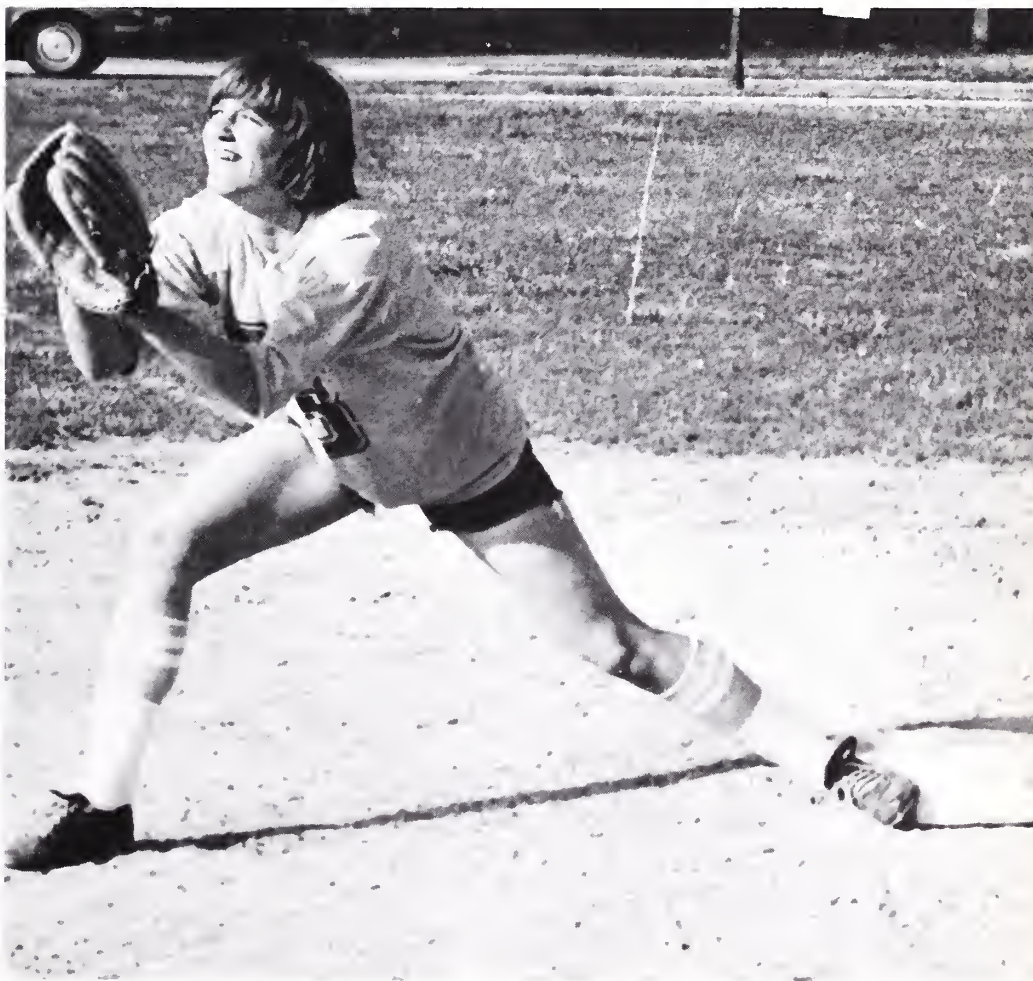
1975 Softball		
JM	Opponent	
22	Stafford	11
4	Louisa	1
34	Culpeper	17
4	Stafford	7
7	Matoaca	11
6	Bowling Green	26

Turned on hitting and beefed up defense brought runs and wins for the softball team. Outstanding freshman Melissa Cox amazed fans with her consistent strong hits and frequent home runs batted into US 1. Pitcher Shawna Edmonds added backbone. In the

Louisa game she only allowed one run as the team came from behind to win 4—1. Melissa Wiggins' quick glove and good ball handling provoked good defense in the infield. New uniforms boosted morale for the improving team.

Winding arms and swinging bats. Melissa Cox lofts a curve ball to Trish Jagoda.

Homerun hitter Melissa Cox stretches out in preparation of snagging the ball.



SWEAT

Point snatchers Greaser and Williams not enough to rally team

Despite strength, sweat and strain, having only a few returning veterans resulted in an inexperienced and less than successful team. Senior trackmen Raymond Greaser, "Honeycomb" Williams, and Mike Brown teamed together for the bulk of the team's points. Greaser's steady performances in the shot put and discus enabled a strong department in that particular area. Williams, who was versatile, participated in the 100, 220, high jump and long jump. Rounding out the three standouts, Mike Brown triple jumped for the team. The young team did manage to defeat Matoaca in one of few happy moments.

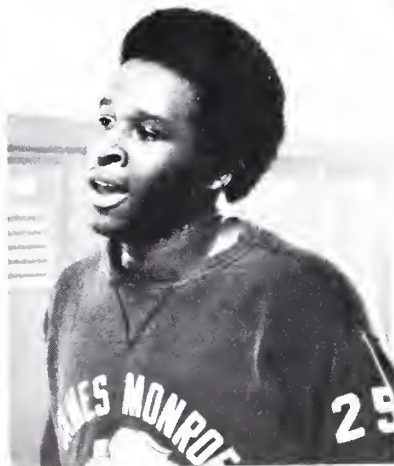
1975 Track		
JM	Opponent	
30	Varina	110
28	Stafford	122
10th place	Rappahannock Relays	
74	Matoaca	66
52	Orange	85

Brutal strength. Jorge Leonarkis lunges gracefully to whirl the discus.



High soarer Tommy Cocke easily clears the bar after reaching the height of 7 feet 9 inches.

April showers brought track practices inside. Sweaty Sammy Beale runs his sprints in the new wing.





With success seemingly unlimited, the girls tennis team posted a perfect regular season record. Experience from previous team as well as individual play brought depth to the senior dominated team. Top seeded Sarah Spratt began playing tennis in elementary school. Number four Margery Spiller was undefeated in singles competition while number one doubles team Byrd Oliver and Robin O'Toole were also undefeated.

Eyes on the ball. Terry Davis hammers a return from a Culpeper opponent.

1975 Girls Tennis

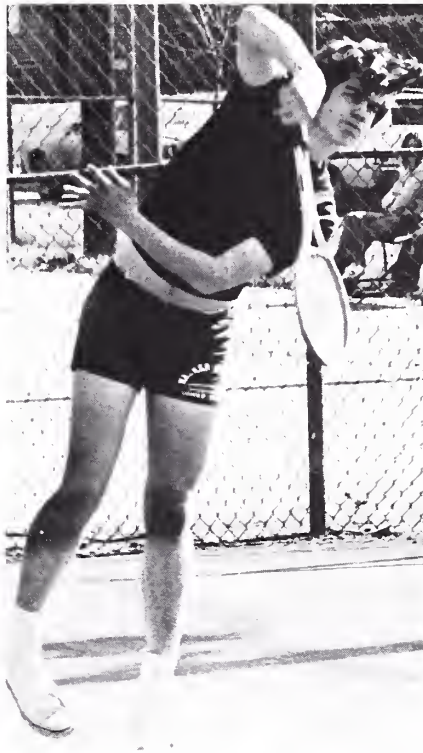
JM	Opponent	
6	Culpeper	3
8	Varina	1
10	Quantico	1
11	Quantico	0
6	St. Margaret's	3
6	St. Margaret's	3

SUMMERS

Strong double teams and singles combine for team success

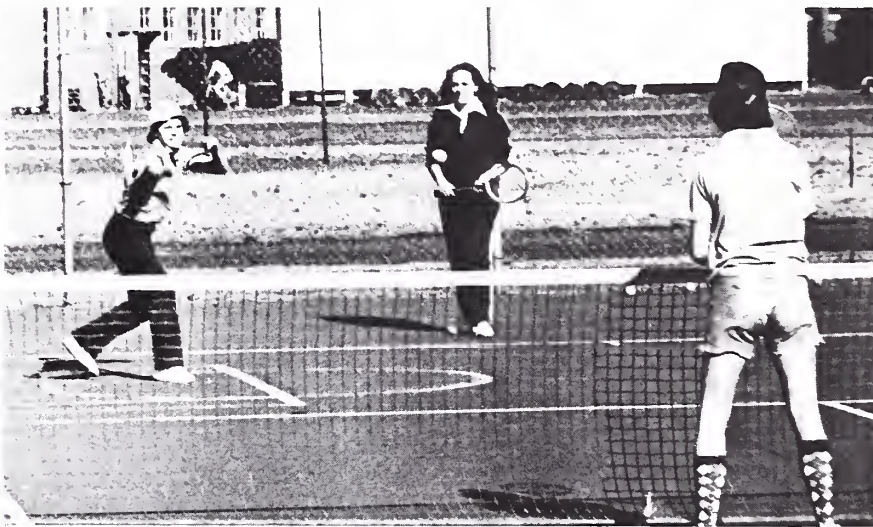


Aim and coordination. Jere Willis eyes out the tennis ball as he prepares a slamming serve.



Ball placement and accuracy stimulates Richard Pierson in his tennis game.

Striving for backhand form, Margery Spiller returns the ball to Ann Beckwith as Margaret Skinner gives support.



Devoid of seniors, the young boys tennis team combined experience and skill for a turn around season. Top man on the ladder Jere Willis consistently played aggressively thus holding his status. Ronald Rose and Richard Willis, adding depth to the team, each posted perfect records. Non district powerhouse Handley slashed the team 7 to 2. The tennis team, however, faired better as they pulverized district opponents.

Improved team clinches district title

1975 Boys Tennis

JM	Opponent	
4	Woodbridge	5
8	Matoaca	1
8	Culpeper	1
7	Orange	2
6	Culpeper	3
2	Handley	7

FROM
SHOOTING

POWER
ETERNAL

Suddenly It's Up To You!

Commencement puts you right on the threshold of an exciting new phase of your life. Now it is up to you to use wisely the knowledge gained in the past years in selecting your career. Actually, there has never been a more exciting time to enter the

world of business or advanced education. Now, more than ever before, America's continued growth depends on young people like you for the new ideas we need to maintain our leadership in the world. Right in your own community, American Viscose is

planning for this very exciting future, and we hope that it will be possible for you to join us in making it a wonderful reality. But, whatever you endeavor, we hope your dreams of today will come true tomorrow. Good luck!

Film and Packaging Division



THE PIZZA HUT



Cavatini — didn't he use to play shortstop for the New York Yankees? No, Cavatini is the Pizza Hut's new dish and Denise Willette's favorite.



Nationwide's blanket coverage reassures Will Chase. See Eugene Bear for all your insurance needs.

NATIONWIDE



Rum pa pum pum, me and my chrysanthemum said the Little Drummer Boy in the Christmas display at Flowers by Ross.

FLOWERS BY ROSS

MERLE

NORMAN



For the world's finest cosmetics, go to Merle Norman. Cindy Touchstone and Darcel Snellings discover why.

RAPPAHANNOCK



Ambrose Bailey discovers the wisest and easiest way to invest his savings is at Rap-

pahannock Savings and Loan where he gets the best plan possible for banking his

money.

SAVINGS AND LOAN

CO VIBES

Vibrations throughout Ross Music and Audio makes selections of LP's hard for Settores Williams.



THOMPSON



WHEELER AND FUNERAL

PIZZA BOX



The aroma of mouth-watering pizza lures Vivian Halberstein into the Pizza Box.



Kim Sale and Lynne Shelton carefully admire the silver display at Regal's.

LOOK WHAT WE FOUND

TREND-SETTING
JEWELRY
GATHERED FROM
ALL OVER JUST
TO SHOW YOU
WHAT'S
HAPPENING.

FLOWER SHOP



THOMPSON'S HOME

YOU'RE ON
ON LOCATION



Newspaper! Newspaper! Bernard Robinson knows where to go to get the best selection and greatest variety of newspapers and magazines.

ROBINSON'S
NEWSTAND

central insurance



Help! Help! cries Warren Cox as Linda Ventura and Central Insurance comes to his rescue.

Like a little ... Tom Sawyer



When the time comes for you to buy a house, remember that a house with John H. Prasse wiring is a HOME.

PRASSE ELECTRICAL SERVICE

GRAHAM PICTURES



CAROLINA



FURN

ONE HOUR MARTINIZING

In just one hour Delores Skinner can return your fine fashions professionally dry cleaned. For the most in dry cleaning think One Hour Martinizing.



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At Carolina Furniture Galleries you can be sure to get the best quality pieces in town at prices you can afford. Laurie Hall and Libby Chamberlain have discovered the comfort already.

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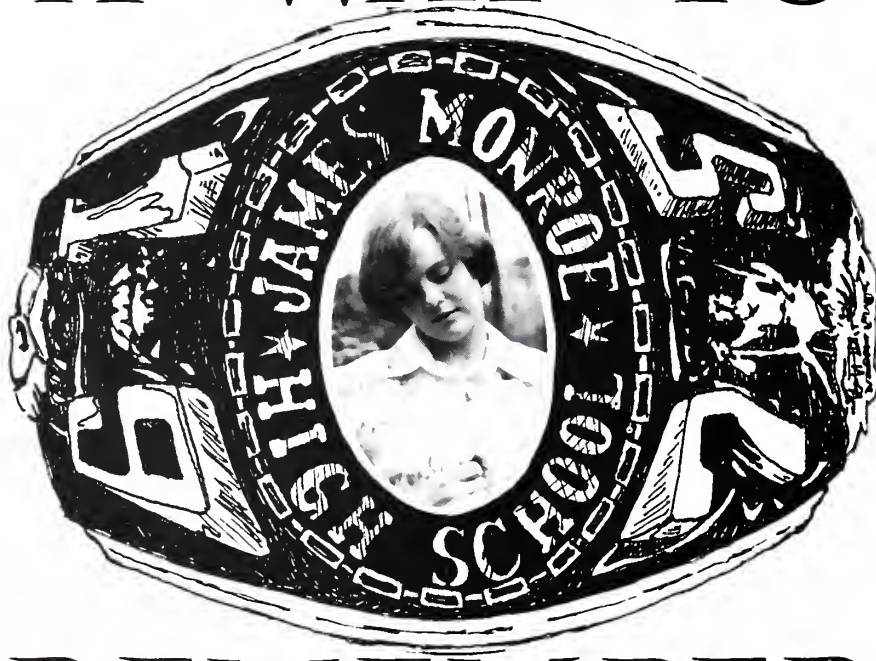
WHITE AND WEEKS

Shopping for furniture is easier, cheaper, and more convenient at White and Weeks as Melanie Stoker, Virginia Owens, Gail Billingsley, and April Saunders well know.



A WAY TO

JENKINS



RINGS

REMEMBER

CROWN JEWELERS



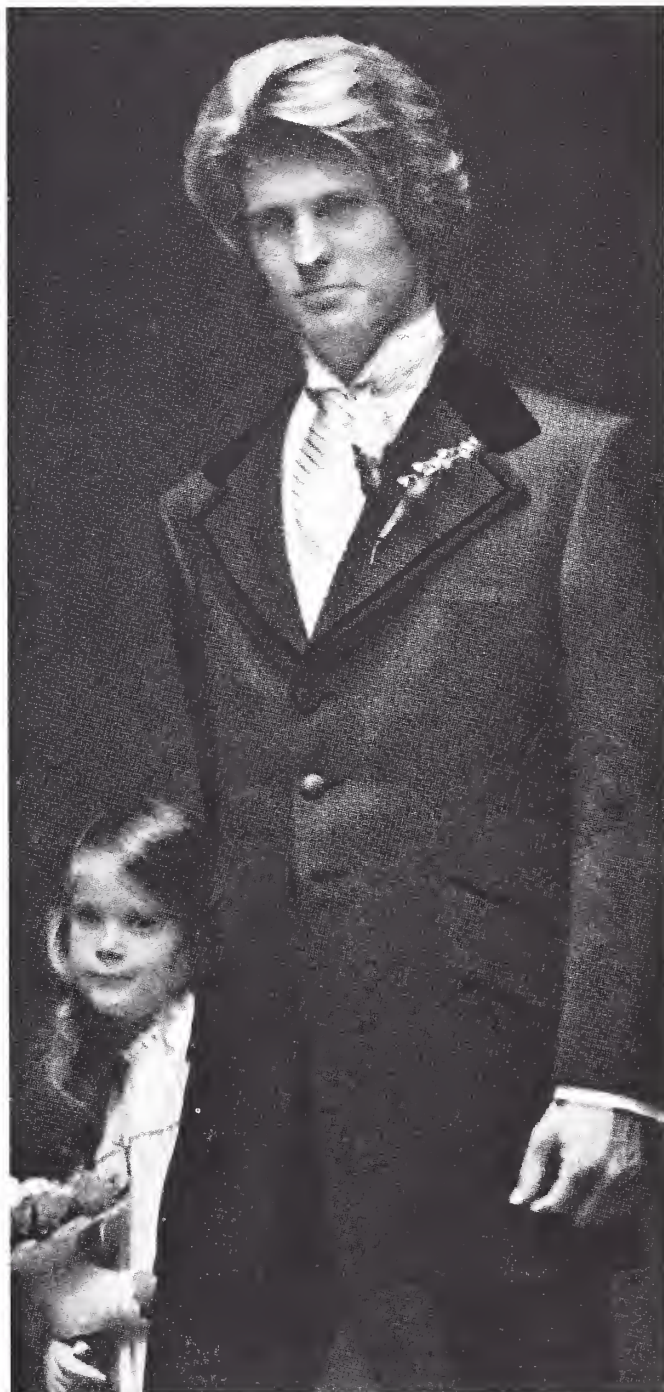
Diana Payne and Richard Willis discover the gift that reflects their feelings.

TOWN and COUNTRY gifts



For the person that has everything — a gift from Town and County Gift Shop. Morey Cohen, Cathy and Mary Glancy enjoy the pleasures of window shopping.

FORMAL DEN



826 Caroline Street
Fredericksburg, Virginia 22401
371-5333

Each of us has made his bid for individuality in a different way. Each of us has different interests and friends. There are those who invest their time and talents in leadership of school and community activities, while other are content with anonymity. There is no student who does not know the joy of sharing a secret with a friend or the heartbreak of a friendship ended.

In activity, in solitude, even in day to day relationships, we develop ourselves at James Monroe;

**WE
DISCOVER
WHO MAKES**





Help! When the going gets tough Mr. Billy Nichols is ready to explain Trig to Maria Snellings.

Overtime fun 80
Pluggers 104
People 110
Pluggers 146
Index 154

Time out on the floor gives Susan Jones, Tina Fortunato and Captain Maria Snellings a chance to booster enthusiasm.



Theresa Snellings, Tina Fortunato, and Anita Terrell swoop up the crowd.

Cheerleader Linda Ventura epitomizes the emotion and tenseness of the game.





"Hey Jayem cheerleaders, how's your love life?" Football players, basketball players, after game dances, wow! "But really how's your love life?" We love our Jackets deep down in our hearts.

students a place to go after the games. The cheerleaders also organized a new club called "The Rally." This club was to boost student spirit and help cheer the teams at games.

ULTRA BRIGHT

This is what sparks the cheerleaders' ideas for creating spirit among the school. They have worked very hard in improving pep rallies and adding more of them. Besides the long hours spent practicing, many hours went into making signs for games. During the summer both junior and varsity cheerleaders attended camp. The JV's went to Longwood College and the Varsity went to Mary Washington. This fall the cheerleaders sold cleaner to raise money for uniforms and equipment needed during the year. They also held dances after football games, which gave

The one and main reason the cheerleaders were able to do these things this year and in the past is because of one great person Mrs. Frances Armstrong. She has devoted a great many years to the cheerleaders. She is responsible for helping the cheerleaders organize functions and themselves. Mrs. Armstrong has always given the cheerleaders the confidence and assurance they needed to perform. She is the one responsible for installing spirit and pride needed to cheer on our team. We thank her for being there.



Expressionistic Diana Payne puts her whole self into cheering.

Jayvees Donna Calabrese, Theresa Carr and Aileen Heim explode with spirit.

With high hopes and not so empty promises, Jeanette Rowe undertook SCA leadership. The sole candidate for president faced a typical year of lack of communication and minimal cooperation for student government projects. To

junior boys by one point while the junior girls whipped the senior girls. The games netted \$100 for the March of Dimes. Most of the Association's work involved thankless behind-the-scene nitty gritty for the President and her

NO GO

supplement White Christmas homeroom baskets, the SCA sponsored a dance where students bartered for entrance with canned food. The most popular of projects proved to be the annual basketball tournament between classes. In the tight playoffs the senior boys beat the

committee members. An assembly committee reviewed prospective programs and advised the principal about their suitability. Students also served on a student advisory committee which worked in conjunction with Mr. Garnett.



Sky high. Miss Fran Anthony leaps over senior Terry Davis as referee Nancy Baughan steps out of the action.

SCA President Jeanette Rowe introduces the Monroe Singers at the Spring Assembly.





Splash, splash, splash . . . Painting rocks and grass might seem crazy but to Key Club members it's very common. Decorating the big JM letters outside the school

car washes and the selling of car stickers. Donating money to the March of Dimes came when the senior members played the men's faculty in the student faculty

WET PAINT

added to the school's appearance and looks. The Key Club also held money making projects such as an annual auction at the Fredericksburg Park and Shop,

game. After all their hard work, the members went to Norfolk for their convention. Seeing Rare Earth in concert was the big added attraction on the weekend trip.

Beat Faculty! Screams of encouragement by the student body failed when the Key Club lost by 21 points.

Paint smeared Key Club President Van Hamm outlines the J on the hill facing Jefferson Davis Highway.



An excited half swallowed giggle, a sigh of happy relief — a hoped for dream became reality as scholastically qualified junior and senior leaders received invitations to join the select National Honor Society. For the thirteen fall tappees and their proud parents the candle lit induction ceremony formed an memorable beginning

Concerned about the welfare of the community as well as the school, the group formed a service committee and a clean-up committee. Members pushed brooms weekly to guarantee that school parking lots remained clear of trash. The service committee meanwhile purchased books and solicited book

DIRT PUSHERS

of NHS responsibilities. An active, functioning organization, the NHS decorated a float for homecoming competition. Throughout the year members sold candy and sponsored bakesales to raise money to present a scholarship to a graduating senior member.

donations for the children's ward at Mary Washington Hospital. Volunteers rotated days to go to the hospital and read to the children.

The thirteen new members of the National Honor Society take their pledges with veteran members.





President Mark Pitts places the key of the NHS around Jud Skinker's neck.

High stepper and quick talker Mary Ventura sells Susan Gregory another NHS Nestles bar.



One more sale! Therese Freiling persuades Therese Glancey to buy stationery as Roger McAughan and David Hancock enjoy the transaction. With the money the Science Club bought three pocket calculators for the Science Department. A highlight of the year was a camping expedition to Mrs. Aria Orris' farm.



MWC student teacher Miss Martha Fagan discusses JM teaching experiences with Jackie Anderson and the SAE.

A handful of students can't clean up the world single-handedly, but the members of the Ecology Club tried at least to rejuvenate a small part of it. Consisting of twenty members, the club succeeded in

the Animal Protection Institute of America.

A few but hearty members composed Student Action for Education. Involved in more than

SPIC N' SPAN

having the bathroom doors returned to their proper place—the bathrooms, and circulated petitions to save various wildlife species. They promoted Bike Week at JM in which students were encouraged to ride bikes to school for one week. The treasury was obtained through dues and a bake sale, and the money was donated to the National Wildlife Federation and

meetings and banquets the members sponsored a March on Books. Its proceeds were given to the Salvation Army. In March the club held a meeting with Spotsy's SAE to discuss what each club had done and what more could be done. The meeting ended with a movie of the dos and don'ts of education. The year ended when student teachers met with the members and discussed what

they had learned about teaching and what the future teachers could expect.

A doorless protest ends as Margery Spiller and the Ecology Club restore doors on the girls' bathroom stalls.



Six months before the first show hopeful pom pom girls, flagettes and majorettes twirled and danced their way through routines to earn a spot on one of the squads. Fourteen pom pom girls, five majorettes and six flagettes added

new uniforms were combined with old flags and the flags began to fall apart it was all apart of the Christmas parade. The parade, the final marching performance for the squads, was a time for remembering the other good

SHOWBOATS

novelty and splendor to the marching band's programs. In addition to halftime field performances the girls also participated in parades and the Temple University Band Day. The squads especially were aware of the Band Day rain when pom poms began to shrink and change colors and sequined costumes bled. When

times and realizing that this was a last time. Head pom pom girl Jodi Hall summed up, "It's a relief to know all of the practicing is over with until next year, but it was still a lot of fun."

With the "music in them" Jody Hall, Mary Cabell Silvey, Lisa Heflin, and Alison Davenport transfer their rhythm into an eagerly awaiting crowd of spectators.





Sparkling costumes and dazzling moves highlight the flagette performance of Cindy McNutt, Robyn Carr, Jerri Varnick, Kathie Dane and Judy Sharp.

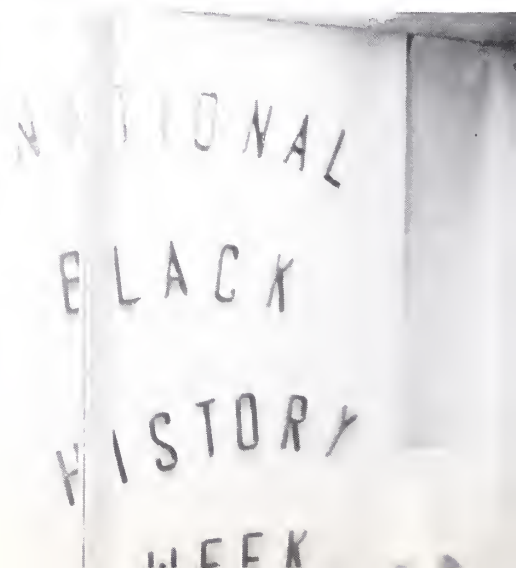
Dance stepping Theresa Soulier performs with the band.





Outstanding black leaders' portraits occupy space in the new wing Human Relations Club showcase. Val Harris prepares the display.

As part of National Black History Week celebrations, Marci Rollins pins up the main hall showcase.





The first black chief justice of the United States—a race to the library gave the first student with the correct answer the daily prize in the Human Relations Club's contest on black history during the February Negro History Week.

Working to improve relationships

tist Church. A dance was also held to help defray the expenses for Xavier Richardson's trip as an AFS student. Members of the club attended the musical comedy, "Purlie," at the Virginia Museum Theatre in Richmond and Earth, Wind, and Fire in concert in Washington. During Homecoming

DOIN' IT

between different groups in our school and community the Human Relations Club prepared show cases in the school with an emphasis on black studies. They also gave a food basket to a needy family for Christmas and co-sponsored an assembly on black music which featured the Young People's Choir of the Shiloh Bap-

activities, the club won the first place for the best decorated car. Wrapping up the year members and their guests grilled hot dogs and hamburgers for their annual picnic.

Adding the finishing touches to the first place float, Tony Pettus and Kenneth Jackson enjoy the opportunity of staying out of study hall.



Donna Calabrese serves as Jimmy Stevick, Rosemary Pastore and Philip Lloyd sample the taste and smells of Spanish food at the Spanish Christmas party.



The historic background of the coliseum and the beauty of the structure brought much amazement to the students.



Taking a long awaited break while in Rome, Latin Clubbers Beth Merchant, Martha Scott and Susan Hearne admire the ruins of Italy.

Wandering wheels will take you anywhere even to the finish of the race and a rest from the four mile course at Battlefield Park. David Dolton pedals hurriedly toward the finish.



Whirling wheels with wind stripped bodies hurriedly and breathlessly pedaling them — Spotsylvania's circular park course — a brisk Saturday morning — a gun shot — Le Tour de France de Fredericksburg — The French Club's activities began with a bicycle race and included a

HOT LIPS

Christmas party for faculty and club members. A spring highlight was a field trip to Georgetown to shop and eat French cuisine. The hearty climbed to the peak of Mount Vesuvius and the religious attended Pope Paul IV's Jubilee Year Blessing at St. Peter's Square on Easter Sunday when fifteen Junior Classical League

members and sponsor Fred Landis toured southern Italy. They visited Pompeii and Herculaneum as well as Cumae, the mythological entrance to the underworld. While Latin students vacationed in Italy, Spanish Clubbers brought Spain to Fredericksburg with a Christmas

fiesta and pinata. In January two Chilean students came to JM through the Experiment in International Living. The native Spanish speakers added reality and depth to Spanish classes.

On your mark, get set . . . The warm ups for the French Club's "Le tour de Fredericksburg" gets under way.





Bengay where are you! Jon Raymond prepares to relieve his aching feet from misery.

Gripping the tou rope at Byrce's Mountain, Laurie Huntsman relaxes as the rope pulls her to the top.



Whirling skiers at Seven Springs — Sponsor Richard Price strokes rapidly down the

Wow . . . Help! I'm going too fast . . . get out of my way! Yells of excitement and exhilaration came to students when they experienced the fun and thrill of skiing for the first time. The Ski Club's second fun-filled year made it one of the busiest clubs in the school. Many

snowy slope.

time" skiing. Funding the ski club's operation, in addition to yearly dues, was a successful month long donut sale. Donuts were sold first and second period study halls. Students had a second chance to grab their breakfasts. The money went for

SLIPPIN' SLIDIN'

trips were planned by sponsor Richard Price. The vigorous calendar of trips included eight "starlight" ski trips, and two daytime outings to the area ski slopes. Highlighting the ski season for many students was a weekend excursion to the Seven Springs Ski resort in Pennsylvania which brought them closer to "big

basic expenses and a spring activity. Hardworking officers included president Laura Elliott, co-vice presidents Martha Scott and Betsy Brown, secretary Beth Merchant, and treasurer Margie Vanover. Officers kept track of who was on the bus for the trips and helped in preparation and the planning for the trips.



Happy and tired skiers Vaughan Sullivan and Betsy King take a break for a few laughs.

Bundled and secured, Martha Scott eyes out the trip ahead of her.

Experiments with color, screens, and graphic arts brought excitement and challenge to the Spotlight staff's 'new look' in scholastic journalism. In October the Spotlight walked off with the highest award in Virginia, the Trophy, presented by VHSL. The award represented the successful culmination of a year's efforts in the transition from the standard newspaper to a monthly news

designs, drawings, and cartoons.

News and feature writing became departmentalized. Annette O'Connor and Beth Merchant gathered tidbits from school activities for the revamped Portfolio/People section. Sports editors Trish Jagoda and Ambrose Bailey, assisted by Kevin Lee, informed the student body of athletic events and perceptively

UP n' COMING

magazine. Emphasis was placed on the indepth reporting of such issues as cheating, the proposed secondary school complex, Title IX, and teenage alcoholism. Horizons expanded with the introduction of a literary supplement, Voices, edited by Mary Snead, which gave students a medium for creative expression in writing, art, and photography.

Transforming a janitor's closet into a well-equipped darkroom occupied much of the time of the staff's photographers John Nunnally, Doug Kisamore, and Jud Skinker. Rex Poole augmented the photography with graphic

analyzed both Jacket performances and personalities. Trish's 'action shot' photography captured the thrill of victory and grief of defeat.

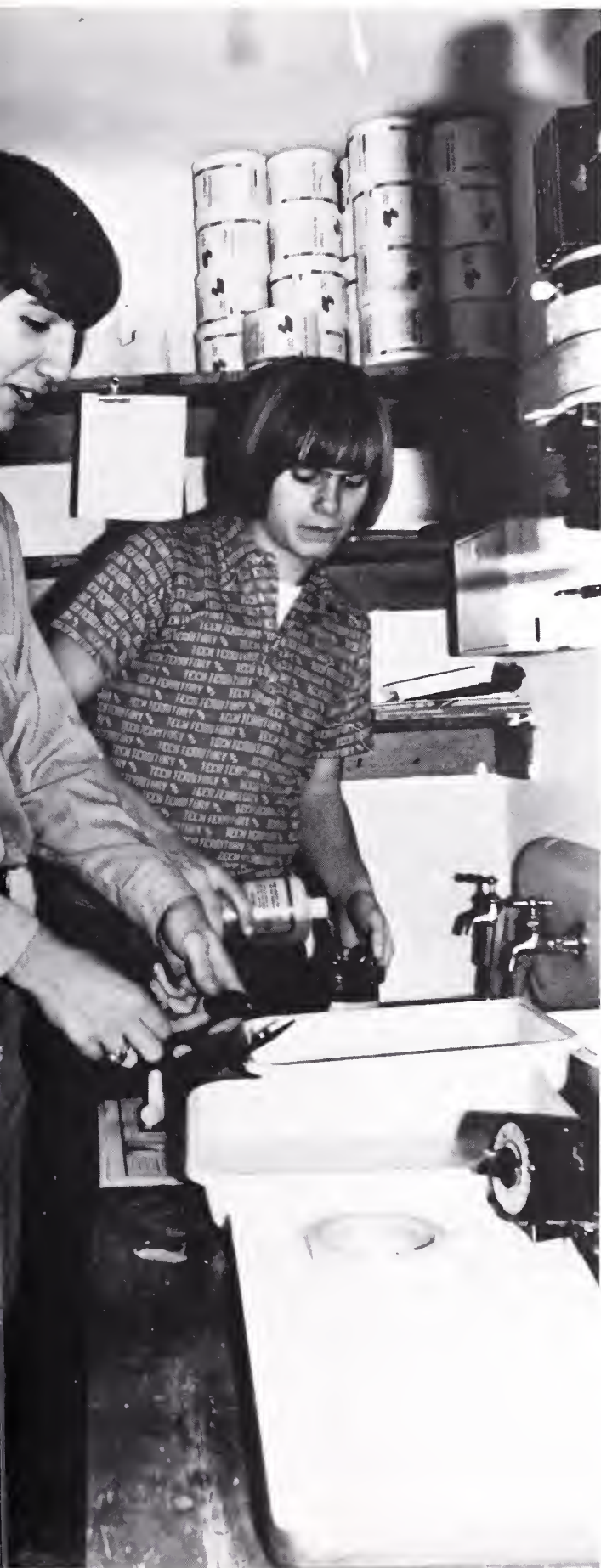
The entertainment section featured Mike 'harping' Harper's satirical wit and critical eye, as well as 'Attorneys-at-Laughter' David Cox, Mike Parungo, and Danny Synan. Editors Joyia Zapantis, Byrd Oliver, and Nancy Thames Smith, who figured that three heads were better than one, teamed together to plan the issues and to produce the prize winning results.



Sports editors Ambrose Bailey and Trish Jagoda scrutinize negatives for the deadline.

John Nunnally and Jud Skinker enjoy the fruits of their labor in their converted darkroom.





Fourth period Spotlighters layout the Christmas issue. Voices made its first appearance.



An International First Place Award rewarded efforts of David Cox, Danny Synan, and Kevin Lee.

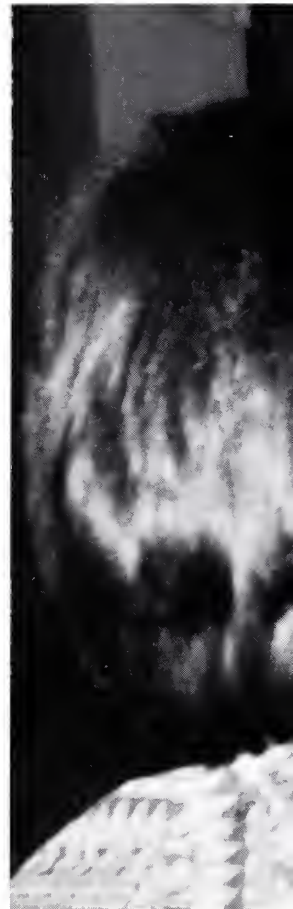


Enjoying a moment of fun are editors Byrd Oliver, Beth Merchant, Annette O'Connor and Joyia Zapantis.



Index faithfuls Meg Janis and Susan Anderson overtake the math office (alias the yearbook room) after school hours.

October at Columbia University's Low Library finds Meg Raymond, John Folan, Kim Sarchet and Sponsor Sharon Richmond on their way to yearbook exhibits.





Fighting through the jungle, Kathy Dane searches for a layout mat.

Ultimatum. Raise \$7000 or no yearbook. Threats, pleas, exaggeration and enthusiasm combined as the Monroe Echo staff undertook and accomplished the impossible. Saddled with an in-

of inflation and supposed apathy, the staff ended its year financially in the black.

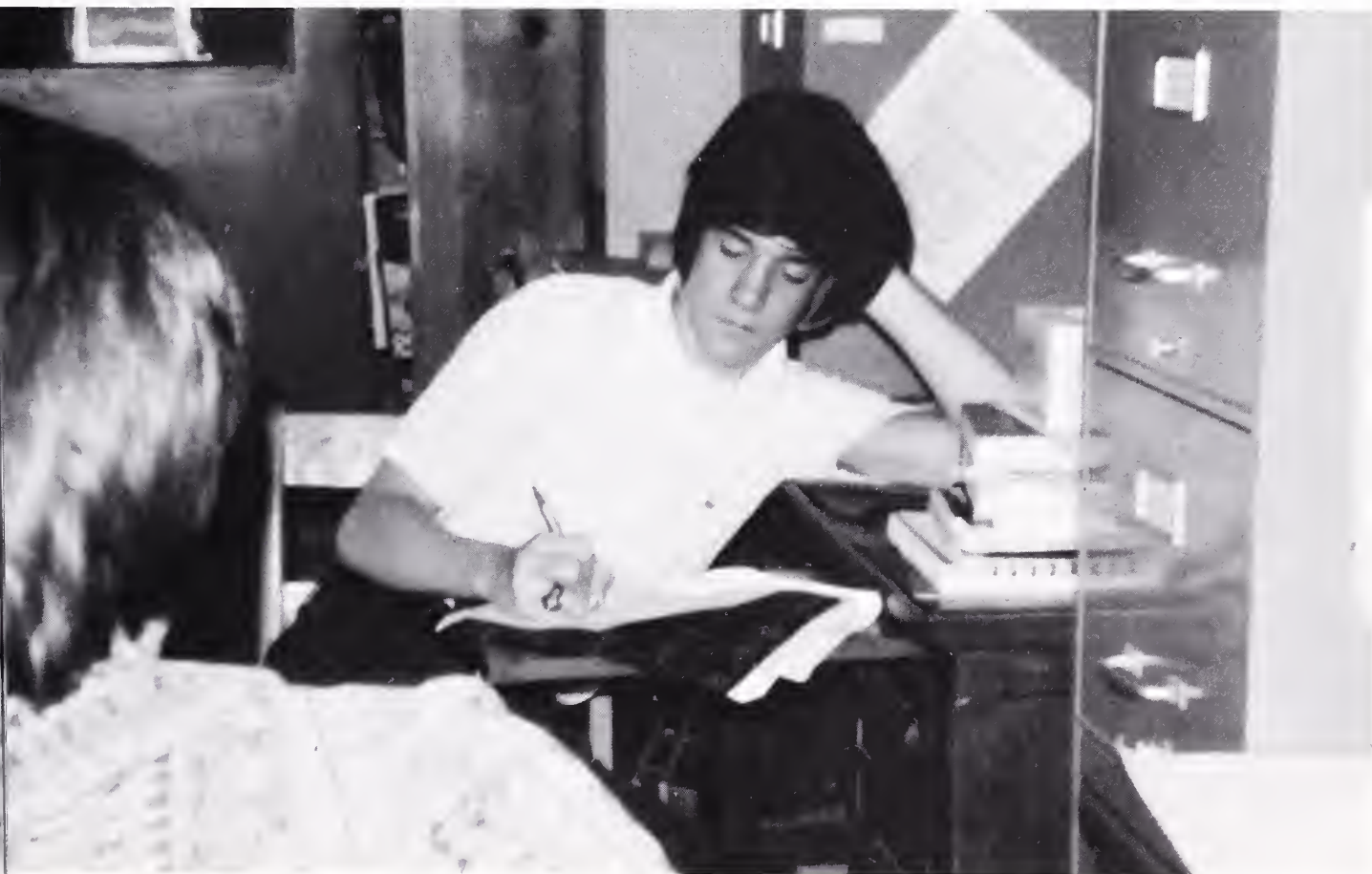
Despite full time money making projects, the same few faithful staff members had a yearbook to



herited \$3000 debt the staff prepared itself for an extensive and exhausting advertising campaign which netted double the receipts of any previous year. Not satisfied, football confetti sales in conjunction with DECA proved an innovative moneymaker until outlawed by the administration. A venturesome and subsequently sleepy editor, destined to become the staff's crazy martyr, undertook a Richmond Times Dispatch route. 5:30 am found him running door to door delivering newspapers in cold and rain. The final nine weeks of school brought donut sales and the first donut editors for the yearbook. In a year

publish. Challenged and enthused by a summer workshop and a trip to New York in October for the CSPA Yearbook Shortcourse, the delegates revamped and revitalized the 1975 Echo. A first attempt at handsetting headlines, pictorial advertising, an academic section, reporting in the people section, deleting group pictures, and community coverage brought a new phase of photojournalism. 7:00—10:00 pm Monday through Thursday, November through May became routine as editor and sponsor and sometime assistants created the Echo.

Exhausted Editor Robert Cox writes an article for the fashion spread.





Unpacking her Tom Wat show case, Donna Perry prepares to sell items for the FBLA fall project.

Northern Virginia Region President Cindy Bouwmans presents her annual report at the executive board meeting in Richmond.



Christmas joy is spread to area needy families as Kathy Shelton and Cindy Bouwmans deliver baskets.



Vote Cindy! Presidencies galore awaited outstanding FBLA leader Cindy Bouwmans, President of the JM chapter, the Northern Virginia Region and newly elected president of the Virginia FBLA. Activities such as preparing mailings, posters, and campaign materials centered around her

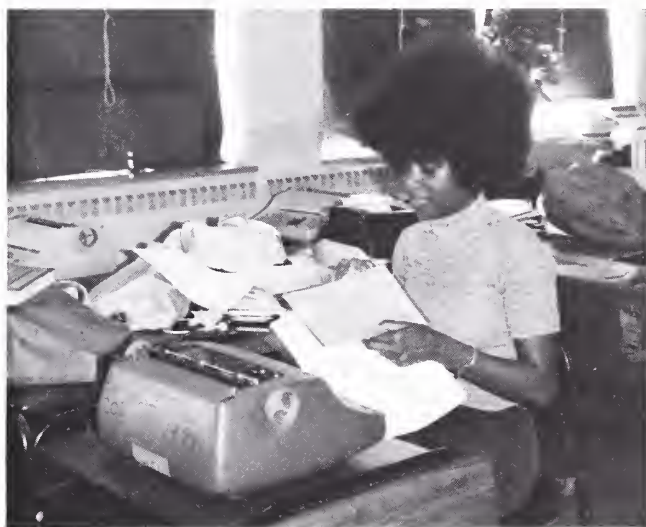
AYE

and her election bids. The chapter served coffee to the District A business teachers on October 14, entered two decorated cars and an old fire truck in the homecoming parade, and participated in Project HELP—March of Dimes. Through the sale of trash bags, contributions from JM, Walker

Grant, Hugh Mercer, and Maury students, the Key Club student-faculty basketball game, and a waik-a-thon at Lake of the Woods, \$700 was raised. Robin O'Toole served as representative. The chapter scored four firsts and two seconds in contests at the Northern Virginia Regional

AYE

Conference. Financial events provided the necessary funds for the activities. The members sold Tom-Wat Showcase items, Nestle candy, and held two bake sales. The Mr. and Miss James Monroe contest provided money for a \$100 scholarship.



Qualifying for the Miss FBLA contest, Malvina Rollins completes the National Business Entrance test.

Press on type graphically enhances Toni Musselman's FBLA yearbook.



An afternoon deadline jam session finds artist Phillip Leonard, secretary Jackie Anderson and editor Robin O'Toole working with Basilisk copy.

With the introduction of Format type, Quill and Scroll President Nancy Smith pastes up her own Spotlight headlines.





Any literary magazine that is named after a baby dragon had to be full of surprises. Editor Robin O'Toole spearheaded advertising and literary aspects for the fifty page magazine. Financed through ad sales, bake sales, and the refreshment concession at girls basketball games, the Basilisk was organized into an ad staff, art staff, and reading staff. The staff solicited contributions of art, poetry, fiction and nonfiction articles through a schoolwide contest and through the creative

MAGIC PUFF

writing class.

To the students working on publications, journalism was not a mere fad or frill. It was a challenge to the mind and to the hand and a terrific learning experience. Quill and Scroll existed to reward students for outstanding work. A Quill and Scroll chapter may be entirely honorary; however, JM's club was an active one.

Publications week, in October, was acknowledged by a colorful showcase on the three publications. Junior Anita Mills placed first in a tough, multiple choice current events quiz sponsored by the club. Members sold never-ending amounts of candy bars to finance their varied activities. An end of the year banquet with a journalist guest speaker was the final gathering for Quill and Scroll students.

Nail biting, nervous forensics con-

testants were hard to find. Instead local poised students competed in seven categories in November. The winners then went to Matoaca for the Battlefield District contests. Laurie Huntsman won first place in Girls Prose Reading and Mary Daley won first place in Girls Extemporaneous Speaking. On March 1, Laurie and Mary competed in Regional contests at Madison College.

District winners Mary Daley and Laurie Huntsman practice using mock presentations.



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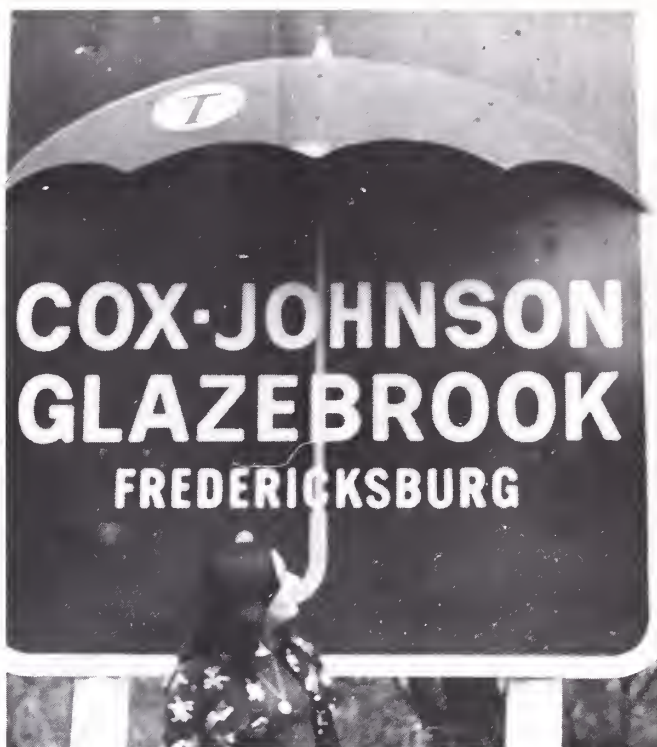
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Hamner, Van Hamm. SECOND
ROW: Greg Surles, Kent Farmer,
Roy Martin, Raymond Greaser,
Danny Synan, Gary Pastell, John
Atkins. THIRD ROW: Eddie
O'Kelley, Mike Natale, David Cox,
Hunter Chase. FOURTH ROW:
Doug Tinder, Richard Pierson,
Richard Willis, Jimmy Watters,
Charles Kleff, Tommy Rowe.
BACK ROW: Matt Kendall, Philip
Lloyd, Earl Travis, Mark Pitts, Win
Harrington, Brian Hooten, Gerry
Luck.

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Stewed

Panic . . . two minute costume change . . . memorizing four hundred and fifty lines. All this and more went into the making of the senior play, "Onions in the Stew." Angela Ryan, who portrayed the mother recalled that "working with Mrs. Klein was very good experience. I appreciate the plays I attend more now because I know some of what the actors have to put up with." Some of these "things" are telephones ringing at the wrong time, lights being turned on during night scenes, and actors forgetting cues. One of the most difficult tasks for the actors was to become the characters they were portraying. Nancy Dawson had to recall what it was like to be 15 years old, and Angela had to imagine what it would be like to be 38. The play was a delight to watch and laugh at, as everyone in the audience had fun doing.



John Atkins: Key Club; NHS; Ski Club; Spanish Club; Monroe Echo; Basilisk Ed; Spotlight; Tennis.

Janet Beazley: SAE Treas.

Robert Belman: Football; DECA Pres. Boy of the Year; Junior Board Virginia DECA.

Ambrose Bailey: Football; Move 75; Teen Counselor; Spotlight Boys' Sports Ed; Senior Planning Council; Key Club; APE.

Kay Bays: French Club Pres; NHS; Junior Planning Council; Forensics; AFS; Gymnastics.

Ross Blum: Monroe Echo and Spotlight Photos; NHS; Ski Club; Chess Club; Latin Club; Senior Play; APE.

Laverne Boley: Practical Nursing.

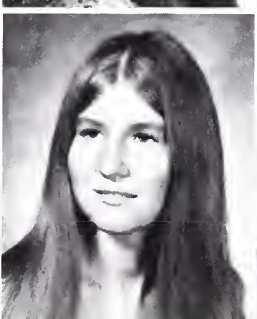
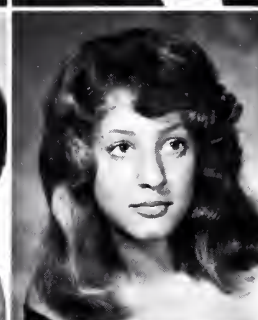
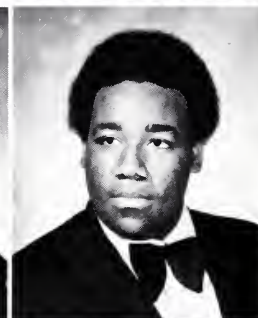
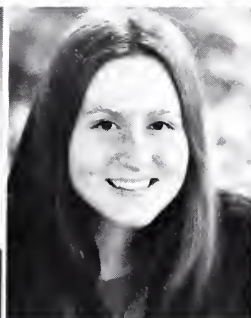
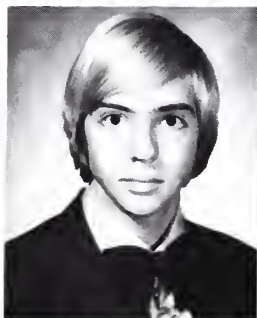
Kim Bolinger

Terri Bond: Hockey; FBLA; Spanish Club; GAA.

Janice Bostick

James Boutchard

Larry Brann: DECA; Key Club.



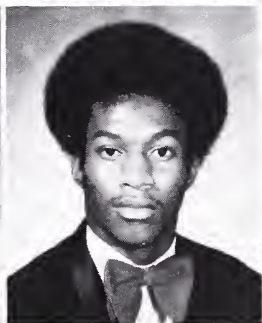


Moving in. Gary Pastell drops in on the McDonalds as their two children Margery Spiller and Lance Kisamore create havoc.

Lazing around, Laurie Huntsman, Katie Snellings, Maria Snellings, Jeanette Rowe, and Nancy Dawson ignore Mrs. McDonald's orders to get up.



Janice Brown



Michael Brown: Football; Track; Basketball Captain.



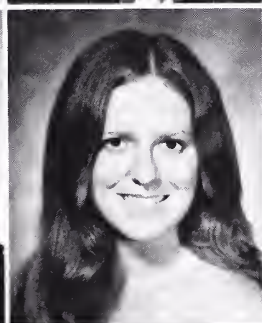
Roxy Brown



Cindy Bruce: Practical Nursing; Media Center Aide; VICA.



Louis Bruce: Football; DE, VP.



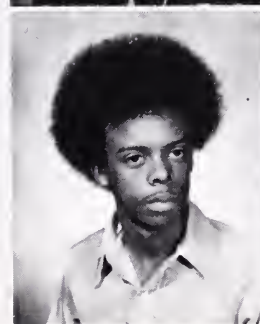
Judy Carroll: NHS; GAA; Hockey; Office Aide; Media Center Aide; Senior Planning Council.



Lynne Carver: NHS; MOVE 75; French Club; FBLA; Chorus; Media Center Aide; FTA; Spotlight.



John Cassidy: Football.



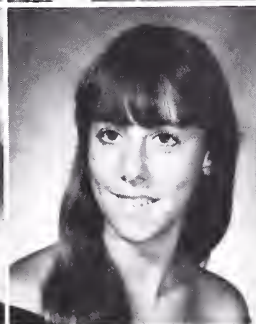
Wilbur Chance: NHS; Black Studies VP; Band; Spanish Club; Monroe Echo; MOVE 74,75; Junior and Senior Planning Council; Senior Play.



Becky Chapman: French Club; Spotlight.



Fred Chevillot: AFS Student; Monroe Echo; Ecology Club; Senior Play.



Debbie Clore

Morey Cohen: APE Pres.

Harold Coleman

Lettie Coleman

John Coleman

David Cox: APE; Football; Key Club;
Ecology Club VP; Spotlight; It's
Academic.

Robert Cox: Monroe Echo Ed;
Spanish Club; Theatre Club; Senior
Play; APE Rep.

Warren Cox: APE.

Dana Cunningham: Basketball;
Football; Basketball; Track.

Kathie Dane: Monroe Echo Class
Ed; Basilisk; Senior Play; French
Club; Flagette; Science Club; SCA;
Pep Club.

Heidi Davenport: Cheerleader;
Homecoming Court; GAA; Hockey;
Spanish Club; Gymnastics; SCA;
Basketball.

Terry Davis: SCA; Tennis; GAA;
Forensics; Theatre Club; Monroe
Echo Girls Sports Ed.

Nancy Dawson: Senior Play;
Monroe Echo; Monroe Singers;
NHS; Chours; AFS; Spanish Club;
Basketball.

Sean Deane: FBLA.

Carmond Decatur: Teen Counselor;
Hockey; Senior Play; Guidance
Aide; Spotlight; NHS; Monroe Echo;
Gymnastics.

Ross Decatur

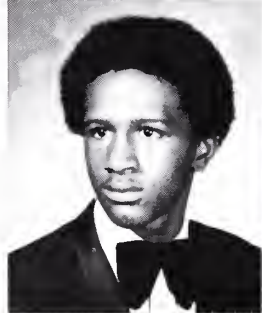
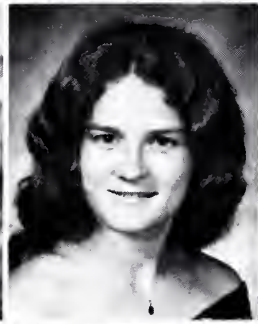
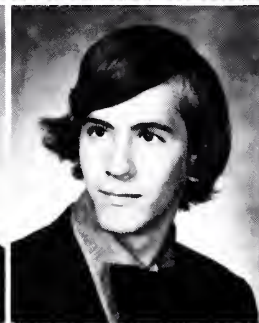
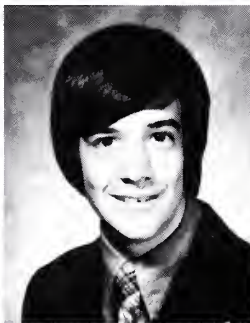
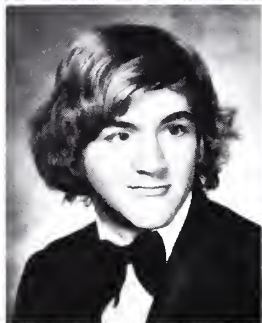
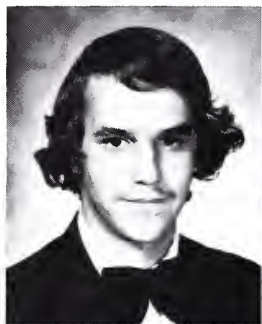
Marie Doggett

Bruce Edwards: NHS; Band;
Ecology Club.

Gail Epps:

Kent Farmer: Key Club; Spanish
Club; Football; Basketball; Baseball.

Joycelyn Ferguson



Sister Jo Wiatt and Robin O'toole enjoy a fall afternoon with AFS student Fred Chevillot.



Fred

She just lives. She says asking too many questions and thinking too much is bad for your mind. She believes if you spend so much time thinking you don't have time to live.

Being French in America is receiving all the warm welcomes, then going to your new home and your new family consisting of two new parents, six sisters and brothers, two cats and a dog. It's going to a family reunion—eating southern fried chicken and watermelon. Being French in America is finding time to write to your friends back home and waiting impatiently for an answer. It's saving stickers such as "broken finger" and "frightguard" out of the Wonder bread, and all the neat things you want to take back home and share with your parents and friends to introduce them to America. Being French in America is writing down in your little notebook all the English slang you definitely don't want to forget, such as "what's happening," "jive turkey," "where you comin' from." Being French in America is reminding your friends that the french fries at McDonald's are only "fries;" there's nothing french about them.



Jay Flippo: VICA Pres; Monroe Echo Boys Sports Ed; Spanish Club; Football; Track; APE Treas; SCA.

Tina Fortunato: GAA; Cheerleader; Gymnastics; Guidance Aide; Office Aide; Chorus; Senior Play; SCA.



Therese Freiling: Hockey; Track; GAA; Science Club; Ecology Club; NHS; Ski Club; French Club.

J.J. Geslock



"My guitar always has an answer," said Fred who sings in French.

Kathy Glover: Cheerleader, JV Head; Gymnastics; Homecoming Court; Theatre Club; Senior Play; Ms. James Monroe; GAA; Girls State.

Steve Graves

Susan Gravatt: NHS; AFS VP; Guidance Aide; Senior Play; Latin Club; Theatre Club.

Simon Gray: Senior Play; Spotlight.

Raymond Greaser: Football Co-captain; Key Club; Track; Varsity Club.

Susan Gregory: AFS Sec, Pres; NHS Treas; Monroe Echo; French Club; Theatre Club; Junior and Senior Planning Council; Senior Play.

Becky Grimes

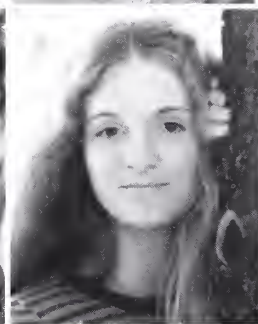
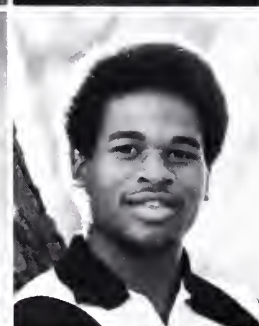
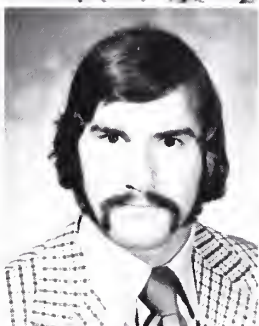
Van Hamm: Key Club Pres; Football; Basketball; Baseball; Varsity Club; Spanish Club; APE VP.

Theresa Harrington: Hockey; GAA; Guidance Aide.

Win Harrington: Track; Key Club; Chess Club; Senior Play; APE.

Janet Harris: Latin Club; Spanish Club.

Jesse Harris: Chorus.



Headache

The magic of finally attaining senior status and its privileges dissipated into cold reality with the demand for money and more money. In a year of inflation seniors felt a continuous drain on the pocketbook. A yearbook cost \$8.00. Each application to college added \$10.00 to \$15.00 more in expense. Senior portraits ranged from \$7.50 to \$57.75. The Disneyworld trip required \$157.00, meals excluded. Even getting out of school was expensive. Announcements at \$.18 each and calling cards at 100 for \$4.00 amounted to additional money. To participate in graduation, dues of \$8.00 covering regalia and a diploma cover were mandatory.



Melva Johnson gets measured for her cap.



Billy Hearn

Serita Hedge: NHS; Ski Club; Spanish Club; Spotlight.

Tom Hening: Baseball; Basketball; Varsity Club; Spanish Club.

Gloria Hicks

Karen Gill: Transfer from Colonial Beach High School; Monroe Echo; French Club; Spanish Club; AFS; Senior Play; Forensics.

Kelly Hooe: Monroe Echo; Office Aide.

Laurie Huntsman: NHS; Ecology Club Pres; Senior Play; Senior Planning Council; Spotlight; Teen Counselor; Ski Club; Children's Play.

Faith Jackson: Flagette; Crisco Award, Junior Planning Council; Student Advisory Committee.

Kevin Jackson: Basketball.

Patricia Jogoda: Transfer from Stafford High School; Basketball; Softball; GAA; Spotlight, Girls' Sports Ed; Monroe Echo; Sights and Sounds.

John Janney: SCA; Spanish Club; MOVE 75; Debate; Treehouse Representative; Biology Aide; APE.

Wanda Jenkins: Basilisk Business Manager; Science Club Sec; Latin Club; Guidance Aide; Pep Club; SCA.

Dorothy Johnson: Chorus.

Franklin Johnson: Basketball.

Keith Johnson

Larry Johnson: Football; SCA basketball game.

Marva Johnson

Melva Johnson

Mike Johnson

Valerie Johnson

Limbo

The mad rush home each day to see what the mail brought became routine as seniors anxiously awaited the year ahead. Uncertainty and tension plagued seniors who did not know what they would be doing or where they would be in 1976. As nationwide inflation and unemployment worsened throughout the year, money for college as well as limited job opportunities became critical issues. Welcome relief came with an engagement to be married, a job contract signed, or a college acceptance. 70% of the 1975 seniors planned to continue their education while 30% entered the world of work following graduation.

A yearly tradition of writing on the college acceptance board—Mark Pitts adds on to the list.



John Jones: SAE; NHS; FBLA; Science Club.

Sandi Jurgins

James Kendall

John Kennedy: NHS; Latin Club; Spanish Club; MOVE 75; Teen Counselor.

Susan Kidd: NHS; FBLA; Human Relations; Office Aide; MOVE 74.

Doug Kisamore: Key Club; Spotlight; Quill and Scroll; NHS; Ecology Club; Senior Planning Council; French Club.

Robert Leake

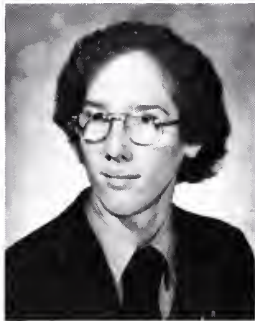
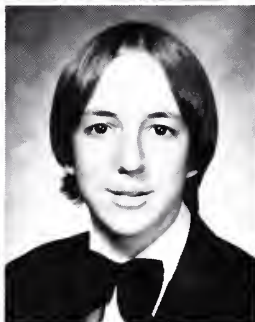
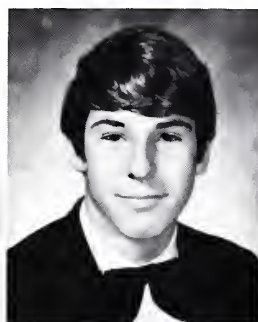
Franklin Lee: Key Club Sec; Varsity Club; Basketball; Spanish Club; Latin Club; Football Manager; Boys State.

Phillip Leonard: Basilisk Art Staff; Junior Planning Council; Football Statistician.

Barry Logan: DE Club Pres.

Cortez Lucas

Roger McAughan: Key Club; Varsity Club; Latin Club; Ecology Club; Hall Monitor; APE.





Derwin McNeil: Basketball; Football; Track.

Sandra Maden: FHA; Hero Club Pres; Ski Club.

Cindy Marcott

Debra Marders: FBLA; COE; Gymnastics; Ski Club; Theatre Club.

Marty Martin

Roy Martin: NHS; Basilisk; SCA; Key Club.

Mike Martineau

Laurie Matter: GAA; Hockey; Basketball; Office Aide; Spanish Club.

Donna Meckler: Hockey; Band; Class Officer; Senior Play.

Susan Medley

Darrell Mitchell: Baseball.

Marie Mitchell: Hockey; Flagettes; Spotlight; Monroe Echo; GAA; SCA; Senior Play; Guidance Aide.

Beth Morris: Majorettes; Hockey; GAA; Spanish Club; Office Aide; FBLA; COE.

Muriel Morrison

Courtenay Moter

Toni Musselman: Hockey; FBLA Historian.

Jeff Newton

James Nolan: Football; Baseball.

Annette O'Connor: NHS; AFS Sec; Latin Club; Spotlight Co-Ed "People Etc"; Ski Club; Governor's School.

Edward O'Kelley: Football; NHS VP; Kep Club.

Byrd Oliver: Spotlight Managing Ed; Senior Class Sec; NHS Treas; Tennis; Junior Planning Council; MOVE 74; Quill and Scroll; GAA.

Scott Olsen: Theatre Club.

Robin O'Toole: SCA Treas; FBLA; Forensics; Basilisk Business Manager; Chorus; Teen Counselor; Senior Planning Council; Tennis.

Mary Owens: FHA; Office Aide; Guidance Aide; FBLA.

Scennah Parker

Mike Parungo

Gary Pastell: Key Club; Spanish Club; Football.

Donna Perry: FBLA; COE.

Robert Perryman

Mark Pitts: Football; Track; NHS Pres; Key Club; Latin Club.

Cathy Powell: NHS; SAE; Teen Counselor; Quill and Scroll; Spotlight Exchange Ed; Senior Play.

Robert Prasse: Latin Club; NHS; MOVE 74; Debate Team.

Martha Price: Latin Club; Basilisk; Theatre Club; Senior Play.

Xavier Richardson: Class Treas; NHS; Quill and Scroll; Human Relations VP, Pres; SCA; Spotlight; Media Center Aide; MOVE 74,75.

James Robinson: Transferred to JM 1974-75.

Malvina Rollins: Human Relations Club.

Anthony Ross

David Rouse: French Club; SCA; Spotlight.

Jeanette Rowe: SCA Pres; MOVE 75; Quill and Scroll; Spotlight; Teen Counselor; French Club; Latin Club; NHS.

Mary Royce: Transferred to JM 1974-75.

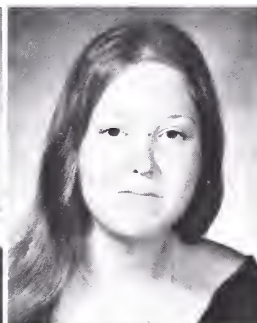
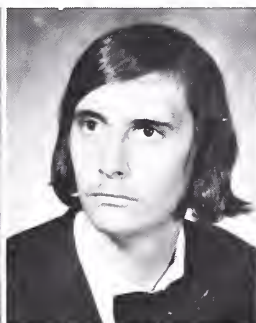




Ripples

Barbie Yarlott has been playing "happy music" on the Hammond Organ since she was ten years old. When she was fourteen, she had her first engagement at Horne's Restaurant. Six months later, she went to England to study music on an Old English Church Organ. When she returned to Fredericksburg, she took a classical music course at Mary Washington College. When she was sixteen, Barbie changed her style of music from classical to popular. Since then she has been playing "happy music" in dining rooms, at fashion shows, and for dancing. Some of her other engagements have been with the Elks Club, Sheraton Motor Inn, and the Fredericksburg Country Club.

President of the Junior Hammond Organ Club, Barbara plays at the Princess Anne.



Angela Ryan: NHS; SAE; MOVE 75; Office Assistant; Senior Play; Monroe Echo; Theatre Club.

Dennis Sacrey: Latin Club; NHS; Spotlight.

Jeter Sale

Kim Sale: Senior Play; Senior Planning Council; Spanish Club; FBLA; Forensics; Basilisk; Theatre Club.



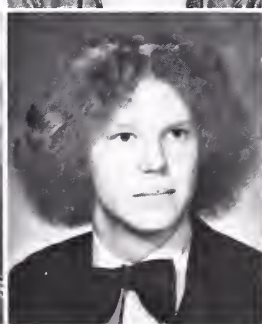
Portia Samuels: FBLA; COE; FBLA Contest.

Mike Sayles: Basketball.

Ricky Sears

Gordon Self: DE.

Judy Sharp: FBLA; Flagette.



Thomas Shea: Soccer.

Lynne Shelton: Flagette; Media Center Aide; Spanish Club; Pep Club.

Dolores Skinner: Pom-Pom; Spanish Club; Junior Planning Council; Monroe Echo; FBLA; Office Aide; Pep Club.

Margaret Skinner

Russell Skinner

Mary Smith: FBLA; not pictured.

Nancy Smith: Spotlight Feature Editor; Quill and Scroll; NHS; Basilisk; Forensics; Latin Club.

Mary Snead: Spotlight Voices Editor; Move 74; Quill and Scroll; NHS; Basilisk; Forensics; Latin Club.

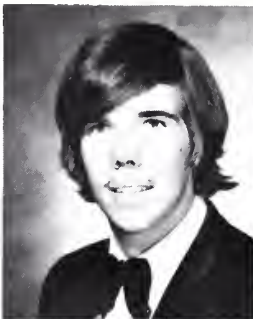
Katie Snellings: Senior Play; FBLA; Basilisk; Forensics; Latin Club.

Maria Snellings: NHS; Cheerleader; Junior Class Secretary; Monroe Echo; GAA Secretary; French Club; Basketball Manager; SCA.

Teresa Snellings: Cheerleader; Gymnastics; Pom Pom; GAA; Monroe Echo; French Club.

Teresa Soulier: GAA; FBLA; Basketball; Majorette, Head; COE; Theatre Club.

Margery Spiller: Tennis; NHS; Theatre Club; Ecology Club; Ski Club; Spotlight.



Pros

Two of the most individual and certainly among the talented here have to be Ross Blum and Rex Poole. They make a terrific pair with Ross as a photographer and Rex in the literal sense an artist. Both are very good and importantly highly stylized.

Ross' talent lies in a field that is not really labeled art but still requires a knack for knowing what will make a good picture and what will not. He has taken pictures for the school news-magazine and the yearbook as well as for the Free Lance—Star. Weekend nights may find him striding up and down a football field hoping for a good action shot or on the bleachers at a basketball game, camera poised, ready to snap. His pictures always say something — excitement, disappointment, or

maybe just plain happiness.

Rex is, if possible, even more individualized in his work. His sketches were the mainstay of the Spotlight and really brought the articles to life. He worked on the bulletin board in the hall, and if he wishes, can probably live off the profits of selling his paintings. The winner of the most talented in the Senior Superlatives illustrates his peers confidence in his ability.

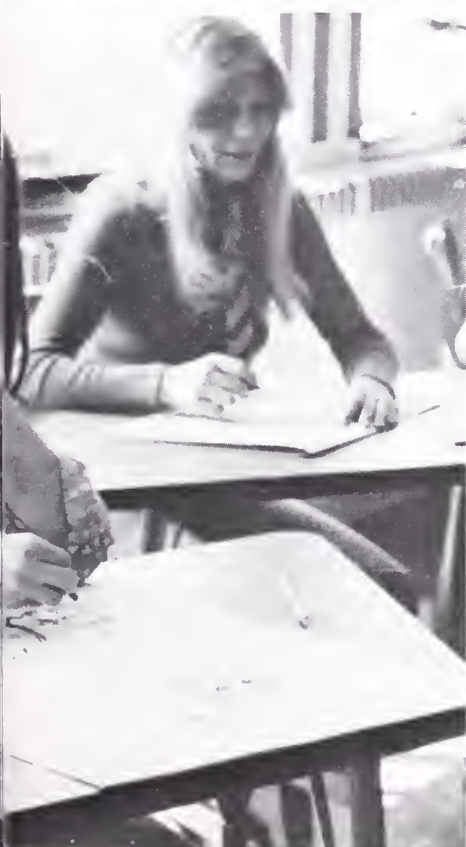
These two besides being business associates, are also close friends and perhaps one day we'll be bragging to our children and friends that we "knew them when."

Charcoal sketcher Rex Poole, a master art student, illustrates both the SPOTLIGHT and MONROE ECHO.





Skill crafted Ross Blum cleans one of the printing machines at the Free Lance-Star.



Jeff Sprow



Kathy Sullivan: Flagette.



Mary Sullivan



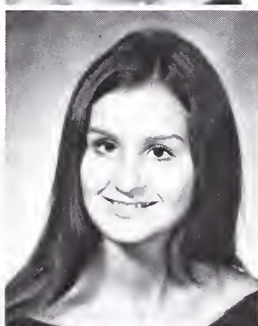
Greg Surles: Band; Spotlight; Theatre Club; Key Club; Junior Planning Council; SCA; Monroe Echo Business Manager; Ski Club.



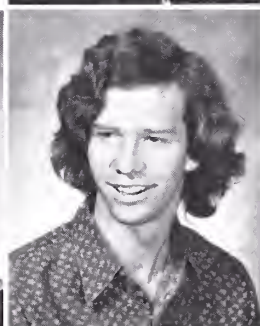
Patricia Swanson: Food Service; Hero Club; FHA.



Danny Synan: Key Club; Spanish Club; Band; Spotlight Circulation Manager.



Deborah Taylor



Jeff Teconchuck: Football; Baseball.



Anita Terrell: NHS Sec; Band; Cheerleader; Homecoming Court; GAA; Spanish Club.



Yolanda Thomas

Regina Thompson: Chorus; Majorette.

Doug Tinder: Spanish Club Pres; Football; Key Club.

Cindy Touchstone: Transferred to JM; DE Sec; Cheerleader; Monogram Club; Basketball; FHA.

Melinda Treutle: Monroe Echo; Spotlight Circulation Manager; Spanish Club; Latin Club; Chorus; Quill and Scroll; Move 74; NHS.

Harold Tyler

Drew VanDeventer: Key Club; Homecoming Court; Track; Football; Spanish Club.

Jerri Varnick: Flagette Head; Gymnastics; GAA.

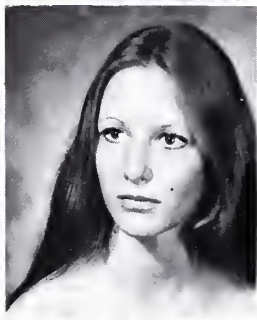
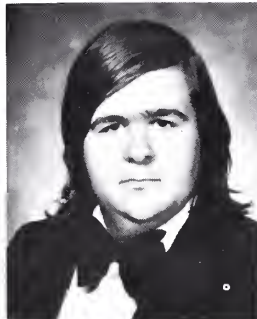
Linda Ventura: Cheerleader; GAA; Monroe Echo.

Mary Ventura: GAA VP; Hockey; NHS; Homecoming Court; Class Secretary; French Club Treas; Gymnastics; Girls State.

Latina Walker: VICA.

Joyce Washington: Food Service; FHA.

Jean Wenborne: French Club Sec.; Ski Club; Tennis.



Going Ape. Heidi Davenport, Dolores Skinner, Teresa Snellings, and Linda Ven-

tura love the many creatures in the Magic Kingdom.



Ira Weston: Band; Human Relations; Forensics, 1st Place Poetry; Move 75; Media Center Aide.

JoAnne Wheeler; SCA Treas, Sec; Hockey; Federal Advisory Commission; Ski Club Reporter, Who's Who.

Fred White: Basketball.

Jo Wiatt: NHS; Basketball Co-Capt; Band; Regional Band.

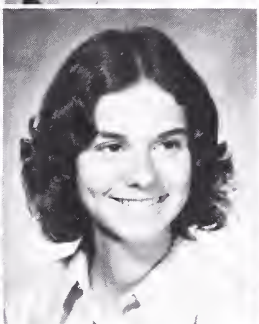


Melissa Wiggins: Senior Class President; Senior Planning Council; Student Advisory Committee; Move 75; GAA Pres, VP; Basketball Incentive Award; Softball.

Denise Willetts: NHS; Quill and Scroll; Spotlight Ad Manager; Teen Counselor; Pom Pom; Ski Club; French Club; Basilisk.

Settores Williams: DECA; Black Studies; Pep Club.

Robert Withers: Spanish Club; VICA.



Barbie Yarlott: Organist; Hammond Organ Club Pres, Treas; French Club; Latin Club.

Joyia Zapantis: Spotlight Editor; Tennis; Move 75; NHS; Quill and Scroll; GAA; French Club VP.

Susan Zeb: Ski Club; FBLA; Basketball.



Mickey

The beauty of Walt Disney World is illustrated by Cinderella's castle. The large crowd lines up for the parade.

Waiting for Mickey. Fred Chevillot, Anita Terrell, Martha Price, and Valerie Harris rest their aching feet in the anticipation of Mickey Mouse.



On a cold March day, 54 weary-eyed seniors left windy Fredericksburg for the tropical sunshine of Walt Disney World, Florida. Anticipation of a perfect tan added to the fun and attraction. Leaving early in the morning for Disney World, excited seniors witnessed the fun of going on Space Mountain, Pirates of the Caribbean and the Haunted Mansion. At night tired students listened to the music of Bo Donaldson and the Heywoods, and Arthur, Hurley, and Gothieb. Disney World provided an educational experience and a lot of fun. On the final day, the group trooped to Sea World. Seeing flying dolphins and leaping whales climaxed the entire trip. Sleepy-eyed and exhausted seniors landed at Dulles Airport after a long and successful trip.

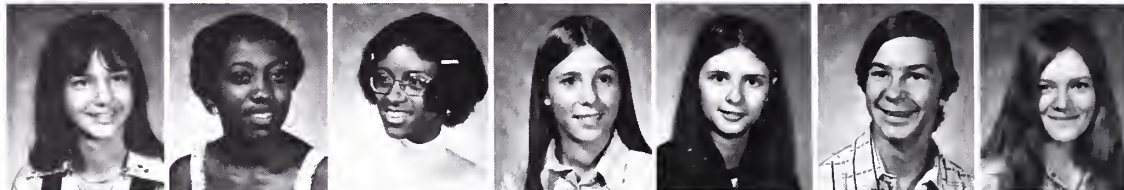
Greg Anderson
Jackie Anderson
J.C. Andrews
Jim Banks
Edward Beale
Sybrina Beanum
Janna Berry



Vanessa Bills
J. C. Bly
Cindy Bouwmans
Frances Brintley
Betsy Brown
Wilbur Brown
Earnhardt Byrd



Kathy Calahan
Paula Carter
Vanessa Catlett
Wendy Chilton
Loretta Coe
Billy Collins
Susan Cook



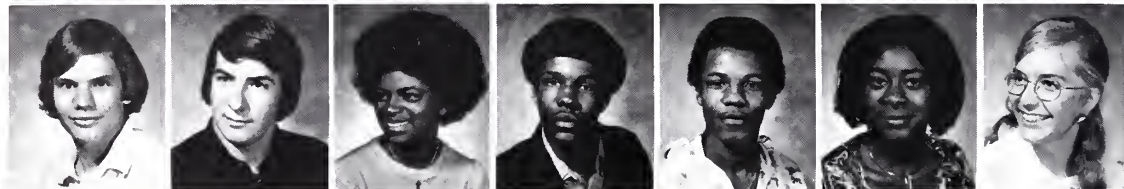
Judy Cooper
Paul Cox
Doug Curtis
Mary Daley
Hunter Dandridge
Lauren Davies
Richard Davis



David Dayton
Davy Decatur
Mary Dickinson
Rusty Duggins
Wallace Edwards
Laura Elliot
Sonya Ellis



Bucky Elwell
Jay Fines
Denise Ford
James Fox
Lewis Fox
Rosaline French
Theresa Glancy



Zoom

The space ventures of the late 1960's lured Mary Daley into the world of aviation. While trying to learn more about aviation, she was introduced to Civil Air Patrol and the local squadron in late 1970. Attracted to CAP's cadet program which features aerospace education and airplane orientation flights, Mary joined CAP in October 1971, as soon as she met the minimum age requirement for entrance into the cadet program. Quickly completing the assigned contracts of the program, Mary attended the

annual Virginia Wing cadet encampment at Andrews AFB, Md. in July 1972, where cadets were introduced to Air Force life. Mary was awarded the CAP cadet program's first major award, the Gen. Billy Mitchell Award.

Serving in positions of flight commander and cadet commander in the local squadron, Mary learned the inside ropes of CAP. She continued on in progression in the cadet program and earned the Amelia Earhart Award and the rank of Cadet Captain.

Mary was one of six cadets in the state of Virginia to attend the CAP Cadet Officers' School held dur-

ing the summer. The school is a special activity in the program in which cadets from every state attend classes designed to make each person an effective CAP officer and leader.

Now in the final stages of the structured CAP cadet program, Mary hopes soon to receive flight instruction through CAP financial aid and the Gen. Carl Spaatz Award, the highest cadet program achievement award.

Neck stretching Mary Daley dreams of her goal to fly the blue skies through the CAP program.



Virginia Gillespie
Pixie Glospie



Brian Green
Dedra Holstein



Phillip Haley
J. W. Hamner



Yvette Hart
Susan Hearne



Pat Hening
Jim Hicks



Jody Hall
Karen Hall

Osbourne's David Schlitz gets sandwiched between junior defenders Bernard Robinson and Timmy Washington during the first night scrimmage in recent history.



Speedsters

Any excuse? Quickly and efficiently office assistants wrote tardy excuses for the deluge of late students at the beginning of each period. Runners collected absentee slips from throughout the school and recorded the absentees on master forms. Sorting mail, answering phones, and helping visitors to the office were among services rendered. The assistants were volunteer and relinquished a study hall to help.

Guidance assistants provided a similar service for guidance counselors. Primarily they served as runners delivering messages and getting counselees from class.

Blocking support from Charles Kleff and JC Andrews in the Louisa game, junior Ralph Johnson flings around the right corner of the offensive line.



Writing excuses and absentee slips in 3rd period, Barbara Reeves and Patsy Williams donate their study hall to work in the office.

Running errands and picking up absentee slips, Laura Elliot delivers a note to a student.

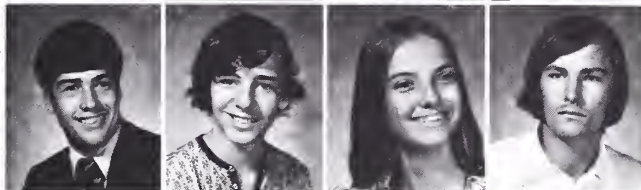




Pepe Hiers
Kelli Holmes
Brian Hooten
Kathy Jones



Susan Jones
David Johnson
Mike Johnson
Ralph Johnson



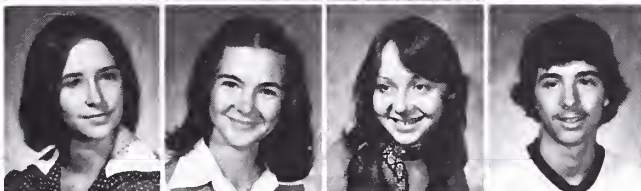
Matt Kendall
Brian Kenny
Donna Kennon
Charles Kleff



Lilly Koerner
Lynne Leonard
Jorge Leonarkis
Cammie Livingston



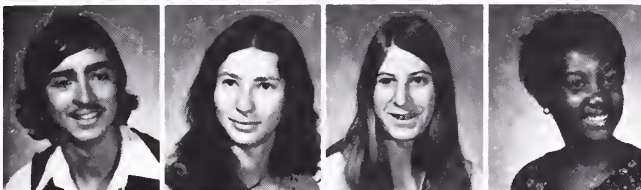
Gerry Luck
Scott Mason
George McMillian
Beth Merchant



Mary Jo Middleton
Elizabeth Miller
Anita Mills
Jimmy Morgan



Richard Morton
Geraldine Moss
Johnny Norfleet
John Nunnally



Dennis O'Shell
Courtney Oxman
Cindy Painter
Sheena Parker



Teresa Pastell
Rosemary Pastore
Alice Patton
Ginger Peterson

Barnyard

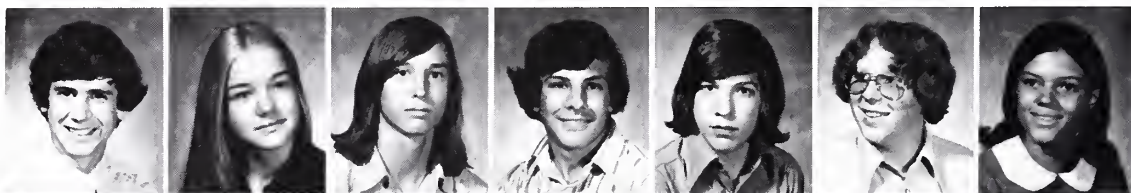
A movie star, a senior vocalist, and a former barn ballroom blended with a swaying and vibrating mass of people at the junior senior prom. Girls in swishing dresses adorned with corsages and boys in tuxedos gave an aura of magic to the evening in which Portia Samuels reigned as queen and Mike Brown reigned as king. As a special treat for guests, senior Tina Fortunato joined with Chess as vocalist for two songs. The evening wore on yet excitement mounted when Mission Impossible star Greg Morris, a participant in the Lee Elder Pro-Celebrity Golf Tournament arrived at the prom with senior Robin O'Toole.

In a sea of people, lively students dance to the music of Chess.



Enveloped in the rhythm of the music, Mike Martineau dances as Chess performs in the background.

Richard Pierson
Christy Phillips
Harry Philpott
Wesley Raspiller
Chris Rawlings
Jon Raymond
Barbara Reeves



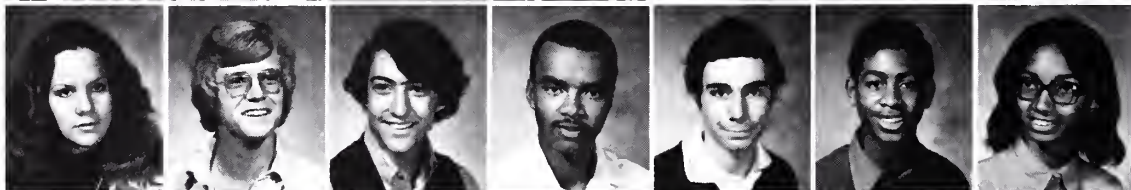
Bernard Robinson
Tina Roberts
Floyd Robinson
Ronald Rose
Tommy Rowe
Sherdina Royster
Kim Sarchet



Martha Scott
Debbie Shelton
Jud Skinker
Doug Skinner
Sarah Spratt
Darcel Snellings
Diane Steele



Catherine Stehl
Jimmy Stevick
Mike Street
Sparky Stewart
Stuart Sullivan
Claude Swanson
Phyllis Terrell



Nolie Thomas
Tink Toepfer
Julie Torrison
Margie Vanover
Cindy Wagstaff
Janice Washington
Timmy Washington

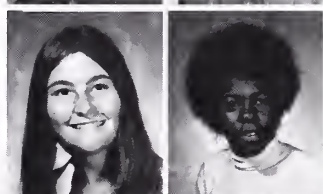




Jimmy Watters
Paula Wells



Spencer White
Mary Ann Wicker



Faith Williams
Mary Williams



Debra Williams
Jere Willis



Karen Wingard
Janet Wholey



A bouquet and crown await Queen Portia Samuels. Mike Brown, Mr. Richard Garnett and Ms. Pam Phillips participate in the festivities.





Paper waddler Aileen Heim contemplates graduating early. As a sophomore she decided to opt for the traditional four years.

Rushing

High school can no longer be defined as the four best years of your life. Now students in increasing number arrange their schedules and credits to graduate in three years. No more are the proms, athletic events, and school fervor of such paramount importance that they can not be abridged. Rushing through school with a one year jump from sophomore to senior status, the students hurry to continue their academic pursuits. They take six classes per quarter, attend summer school, and double up some place on their English courses. Sophomore Cathy Kubel remarks that she does not want to waste an additional year to take only a few required courses. She feels that she can be better educated by graduating from JM in three years and going to college a year earlier.

Christmas cheer for Mary Washington Hospital patients—Judy Buruss, Wendy Snyder, Mary Cabell Silvey and Zack Dameron deliver trees.



Mary Fortune
Edna Fox
Pam Friend
Cathy Glover



David Glover
Robert Gravatt
Cheryl Gray
Eunice Green



Mike Grenin
Marilyn Grimes
Anne Gurly
Karen Hall

360°

By now Harambee 360° should not be a name that causes total wonder. It is the only black center to have sustained itself longer than five years. The theater is totally self-reliant and legally belongs to the youths. This develops a sense of belonging and teaches the members skills and management in organization. A fall production "Reflections" centered around life, problems and joys of a small, closely knit Black family in a small Southern town. Of special interest was the family's method of overcoming their problems through the use of their tight relationship. The closeness of the family is representative of Harambee's own "extended family" idea. Members of Harambee are taught to think of it as an extension of the individual's own family and develop a closeness around this.

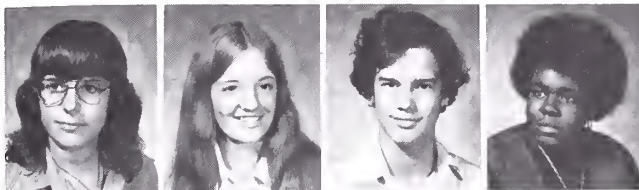


In "Reflections" Don Lewis leads choir members in singing "Get Right Church."



Carla Hall
David Hancock
Jill Harrington
Tony Harmon
Debbie Harris
Brad Hastings
Debra Haynes
Lisa Heflin
Aileen Heim
Anthony Henson
Mark. Henson
Deloris Hicks
Arlene Hill
Mark Holdren
Kevin Hunter
Della Jackson
Fain Jackson
Rawlin Jerrigan
Rocky Jett
Buzzy Johnson
Earl Johnson
Eddie Johnson
Sharon Johnson
Steve Johnson
Cynthia Jones
Paige Kelly
Zeta Kenney
Betsy King

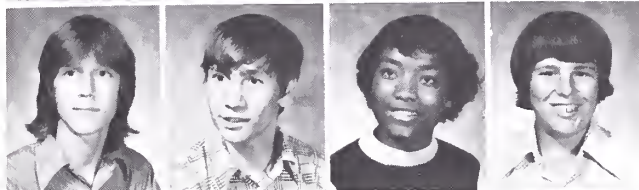




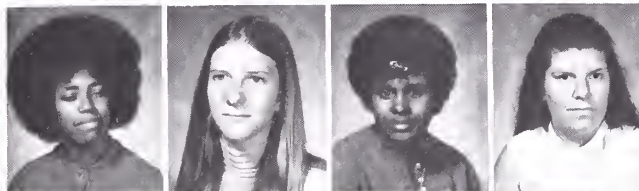
Cathy Kubel
Pam Leitch
Kevin Lee
Jackie Lewis



Judy Lewis
Mark Lewis
Phillip Lloyd
Cecile Lomax



Mike Marsh
Roy McAfee
Twana Miller
John Morgan



Geraldine Moss
Joanne Murray
Carla Myers
Cindy Meyers



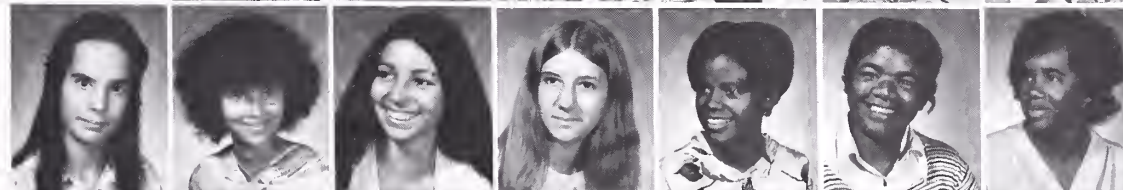
Vicki Nelson
Tom O'Conner
Mike Olichney
Bryan O'Toole



Kathy O'Toole
Frankie Owens
Carol Payne
Diana Payne
Laura Payne
Tony Pettus
Debbie Poates



Shirley Pratt
Pat Prichett
Mary Beth Proctor
Dion Pullam
Meg Raymond
Larry Reeves
Brenda Rhea



Cindy Richardson
Tanya Richardson
Cheryl Ridgeway
Terry Robey
Marci Rollins
Tanya Rollins
Pam Ross



Donna Rosser
Cheryl Rouse
Flo Rowe
Barbara Rupard
Bill Sager
Margaret Ann Samuels
Debbie Schoeneck

Paul Schutte
Beverly Self
Mark Shreve
Mary Silvey
Bill Simpson
Luther Smith
Sherry Smith



Mark Sparks
Stacey Sprow
Tom Sprow
David Stephens
Hope Stevick
Barbara Stewart
Ralph Stewart



Don Stoker
Linda Stroddard
Vaughan Sullivan
Jay Surles
Eric Swanson
Tom Talisman
Kathy Taylor



Janice Terrell
Kelli Tharp
Earl Travis
Ramona Truslow
Brenda Tyson
Ben Valley
Janice Washington



Kicks

Late fall and early winter brought a new sport—soccer. It caught on like wild fire and in a few short weeks was an accepted way to spend a Wednesday and Friday afternoon. Played on the hockey field, it was vaguely sponsored by the Physical Education Department. An occasional kick in the shin or a ball rolling down

the middle of the highway only added to the fun. At one time soccer was so popular that four teams participated, playing two games simultaneously. Cold weather did not deter the hardy participants but rainy weather and a lack of communications did. A series of rainy days left the field soggy and announcements never got 'straight so play was suspended from mid-January until March.

Goalie Jon Raymond attempts to spiral the ball into the opponent's backfield.

Ronald Rose maneuvers the ball around opponent Scott Olsen as Vivien Halberstein and Richard Pierson watch.





Keenan
Washington
Elizabeth
Weedon
Martha Weston



Leah Whitticar
Bernice Williams
Richard Willis



Mike Wood



Short Stuff

The JV football team got an extra boost in the form of Rodney Ellis who stood only 4'11" and weighed 80 pounds in his football gear. Among his tall rugged teammates, he seemed hardly an adversary to strike terror in the enemy's hearts, but those who knew him knew better. Small though he might be, he was still a tough guy.

JV Coach Robert Burch described Rodney as "scrappy and determined." He's speedy, quick, and nimble on his feet. Being a good sport he spent most of his year on the bench avidly following the game. Rodney, though, was willing to work—and work hard—to make up for his physical disadvantages, and the crowds went wild when he entered a game.

Patiently Rodney Ellis waits to get in for some action.

Poof

For the past two years John Folan and David O'Neil have disappeared around January and reappeared in March. In their absence they have been serving as pages to the Virginia House of Delegates in Richmond.

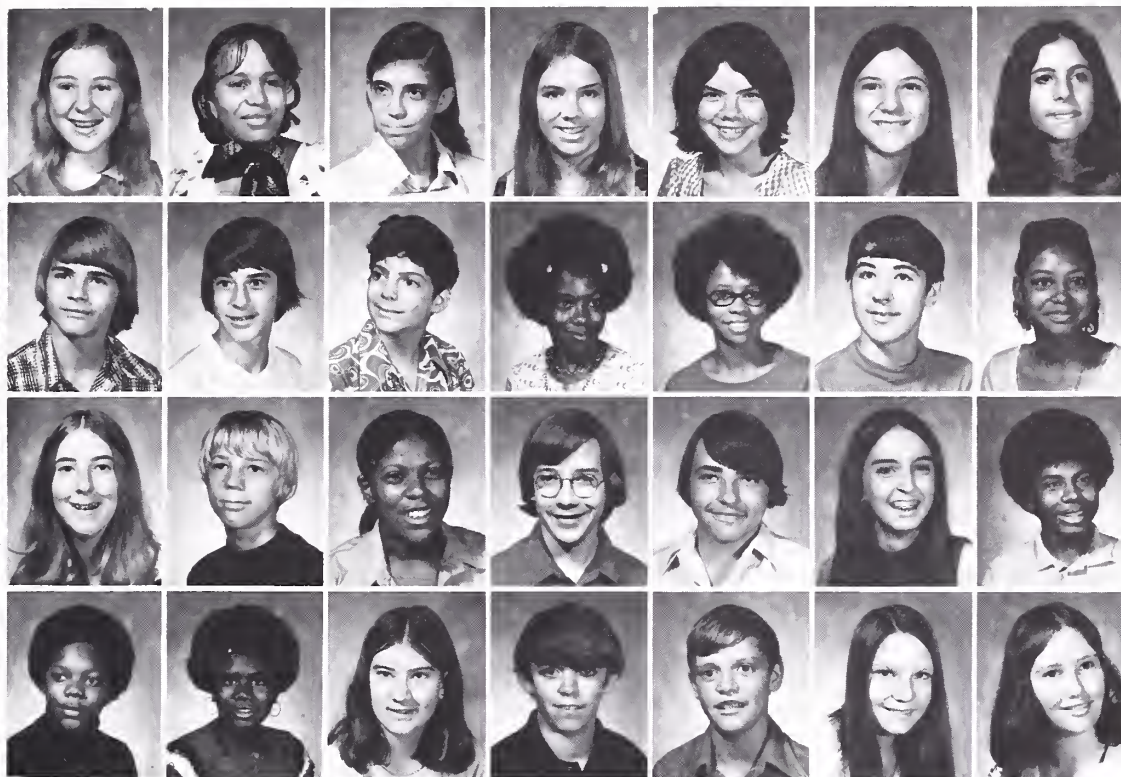
David, an appointee of Delegate Gwathmey, lived with his grandparents in Richmond, while John, Delegate Dickinson's protege, stayed in a hotel with some other male pages. They came home to Fredericksburg most weekends to visit their parents and friends.

During the legislative session, which lasted 60-90 days, both John and David were expected to keep up their schoolwork. Their hours were very irregular, but they usually began working around 8:30 AM.

Besides gaining practical experience about the government, both received a salary and living expenses.

David O'Neil mans Delegate Gwathmey's phone.





Stewart Acey
Tanya Allen
Lori Anktil
Kathy Anderson
Susan Anderson
Kaye Atkins
Wendy Atkins

Kerry Aylesworth
Brian Baker
Barry Battista
Sherry Baylor
Sylvia Beale
Neil Beazley
Stephanie Bethel

Gail Billingsley
Donald Bishop
Angie Boley
Scott Boyd
Allen Brintley
Tracy Brooks
Ernest Brown

Octavia Brown
Stacey Brown
Terry Brown
Larry Bruce
Pete Bruce
Patti Brumbaugh
Enid Bulley

Derwin Bumbrey
Dorsey Bumbrey
Sylvia Burns
Terri Butler

Robyn Carr
Roger Carroll
Skip Champman
Will Chase

Albert Christian
Helen Coleman
Keenan Coleman
Mike Conway

Phillip Cooper
Caroline Cox
Melissa Cox
David Curtis

Linda Curtis
Susan Daley
Cris Davis
Jeff Davis

Exhausted page John Folan waits to run another errand for the delegates during the 1975 Virginia General Assembly in Richmond.



Abracadabra

A magician! Who is it? None other than freshman Scott Boyd. Studying magic for over two years, he is President of the Fredericksburg Magic Club. He has performed at such places as Walker-Grant, Trinity Episcopal Church's fall bazaar, extensively for family, neighbors, and friends. The highlight of Scott's career was performing at a wedding reception. His future plans include writing a book on magic, teaching magic, and performing more.

Scott Boyd delights children with his string trick.



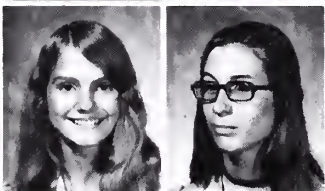
Robert Deane
Betsy Decatur



Trent Ellis
Mike Elwell
Lindon Faulk
Mike Fisher



Tina Delano
Nina Depalma



Tim Flaherty
John Folan
Aaron Frye
Patrice Frye



Paulette Dixon
Rodney Dixon



Martha George
Cathy Glancey
Bill Glover
Fran Graninger



David Datton
Charles Doig



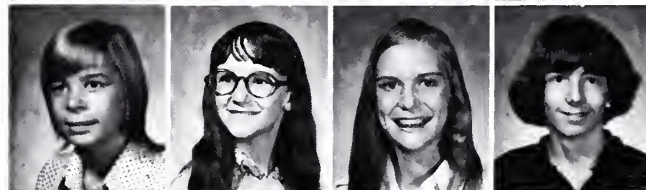
Mike Graves
Brad Gray
Glenda Green
Mike Grenn



Angela Easley
Bob Edwards



Susan Grinnan
Vivien
Halberstein
Laurie Hall
Greg Harding



Stephanie
Edwards
Patricia
Ellington



Paula Harper
Brigitte Harris
Jay Harrison
Dee Dee Hawkins

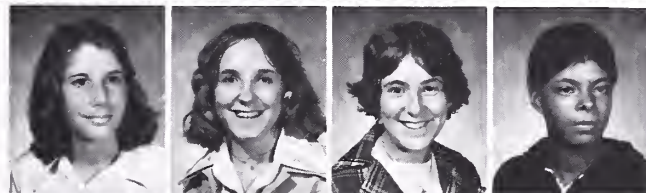




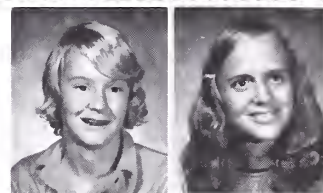
Rhythm

A new face and voice came to JM this fall. Appearing in the first assembly of the year with the Monroe Singers, Keith Fleming left the student body on their feet after singing "Daddy's Home." Keith's debut was the highlight of the Christmas assembly. Being the only freshmen on the select group, Ms. Carr says "Keith is what every choral director dreams of. He possesses a great voice, fantastic attitude and the virtue of modesty."

Displaying natural talent, Keith Fleming practices daily with the Monroe Singers for numerous performances.



Arrington Hearn
Cindy Hedge
Kathy Higgins
Arlene Hill



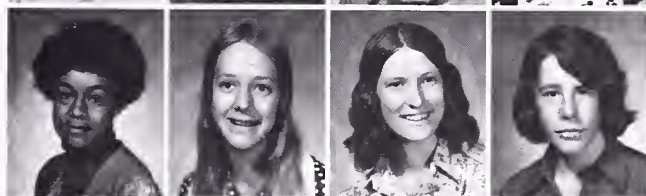
Margaret Liddle
Betty Limerick



Steve Hoffman
Tricia Honaker
Robert Howdershelt
Gloria Hudson



Jesse Lewis
Brenda Loving



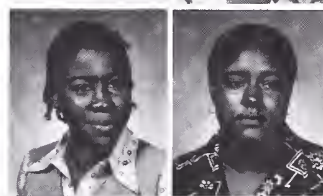
Shirley Hunter
Kathy Huntsman
Margaret Janis
Doug Janney



June Loving
Cynthia Lucas



Lyla Jefferson
Samantha Jenkins
Angel Jett
Clyde Johnson



Gloria Lucas
Starletta Lucas



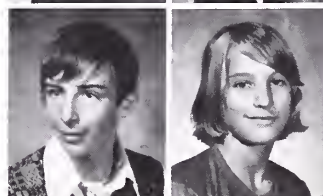
Robert Johnson
Casandra Jones
Harold Jordon
Pat Keesecker



Jesse Lumpkin
Julie Marcott



Boo Kelly
Lisa Kidd
David King
Judy Klein



Keith Martin
Steve Mason

Mark McLaurine
Cindy McNutt
Tom Medley
Robert Miller
Vannesa Minor
David Morfit
Jeff Morfit



Blondell Morton
Kim Musselman
Mark Newton
Eric Olsen
David Onderdonk
David O'Neil
Virginia Owens



Sheena Parker
Mike Pettus
Scott Phillips
Erik Pierce
Kelvin Pierce
James Reid
Cindy Roberts



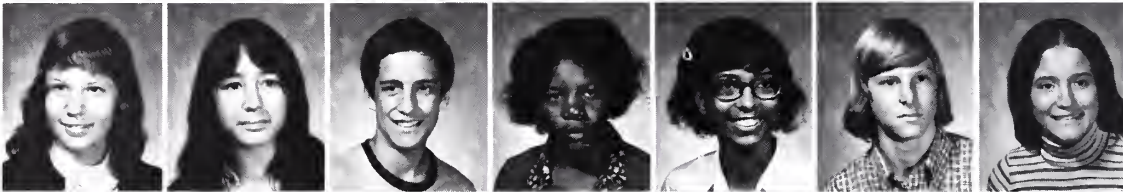
Karen Roulley
Neil Roach
Tim Roesch
April Saunders
Allen Scaife
Eric Secor
Chauncey Sisco



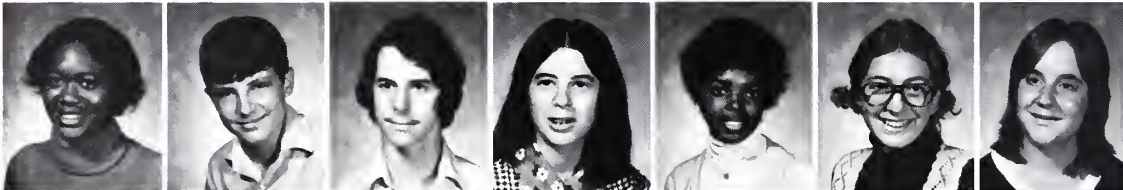
Susan Skinker
Bill Smith
Meresa Smith
Rusty Smith
Andy Spencer
Jody Spiller
Lydia Stewart



Millie Stofko
Melanie Stoker
Richard Street
Linda Strother
Arnell Terrell
Matt Thomas
Susan Thomas



Natasha Thompson
John Tignor
Harry Tillman
Sandy Tripp
Sheila Truslow
Joni Ulman
Mary VanSant



Mike Wagner
Keith Wallace
Verneil Wallace
Pam Watson
Brian Whetzel
Tyrone White
Patsy Williams



Roger Williams
Nancy Whittaker
Edith Wicker
Ed Windsor
Bonnie Wine
Ben Woodbridge
Carla Young





Splash

When Brad Gray started swimming at the advanced age of 2½, he wasn't aiming for the olympics. However, with the help of his father, a former pro, and his coach, Doug Fonder, he is well on his way. Presently swimming on a Quantico marine base team, the Devil Dolphins, he holds the pool and team records for the breaststroke, as well as the state breaststroke championship for 12-14 year olds.

To achieve these accomplishments, Brad travels to Quantico six days a week to practice his swimming for two hours. In this manner, he swims 15 miles a week, at least 2 miles a day, even during the winter.

Although Brad excels at swimming, he is not a "one-sport" man. He also enjoys basketball, football, tennis, and other activities, as well as maintaining his marks at school.

As for the future—well, who can tell? Brad may someday be the first JM student to get an olympic medal!

Brad Gray works out.



Overtime

Among all the usual hard working people, Debby Klein stands out as one of the busiest ladies, not only in the school, but the community as well. She laughingly admits her two outstanding interests are her two daughters and her dog Shakespeare. Involved with the staging of the local dinner theater, she can also be found behind the scenes of the school radio program and the local chapter of Mental Health and Retardation. She is a consultant and instructor of the Maranatha Touring Choir and in her spare moments indulges in painting, sewing, and needlework. She enjoys being around people and loves to read but admits there's never time.

A force behind the growing interest in drama, Mrs. Klein lectures to her 5th period class.



Annie Anthony: English; Basilisk.
 Frances Armstrong: Social Studies; Cheerleaders; Homecoming.
 Phyllis Atkins: Physical Education; GAA; Hockey; Gymnastics.
 Mary Babinsky: Practical Nursing.
 Betsy Biscoe: French; French Club.
 Doris Brasington: Practical Nursing.
 Robert Burch: English; JV Football; JV Basketball.
 Nancy Bird: Media Center Aide.
 Irene Carpenter: Cafeteria Employee.
 Mandy Carr: Choral Music.
 Mildred Chick: Guidance.
 John Conner: ICT; VICA.
 Ray Cote: Social Studies; National Honor Society.
 Lucille Cralle: Mathematics; FTA/SAE.
 Doris Darden: Home Economics; FHA.
 Shirley Davis: Secretary.
 Tina Egge: English; Quill and Scroll.
 Richard Garnett: Principal.
 Mary Frances George: Biology; Science Club.
 Barbara Getty: Secretary.
 Esther Grinnan: Cafeteria Employee.
 Rick Hall: Social Studies; Key Club.
 Judy Hansen: English.
 Robert Haynes: Superintendent of Schools.
 Norma Holmes: Study Hall Supervisor
 Louise Jargowsky: Earth Science.
 Rubie Lee Johnson: Business; FBLA.
 Johnny Johnson: Art; Bulletin Boards.
 Ronald Jordan: Instrumental Music; Modern Music Masters.
 Janet Kimbrell: English; Junior Class.





Concerned

Not many people here realize just what goes into preparing lunch for 800 daily only to have students turn up their noses or dump it in the trash can. Despite some student reaction Mrs. Ethel Smith claims that she loves her work as her twenty-three years of experience prove. She is a friend in need when a student is a few cents short or forgets his lunch. She has even sold hungry students sandwiches out of cafeteria hours. In addition to preparing the food, Mrs. Smith has to take in the money, make change on the split second, keep the social security books, purchase the food, man the records. She also must on occasion cooperate with students and faculty in accordance with impromptu parties and endure the daily grind of study halls which are held in the cafeteria.

Outside of the cafeteria Mrs. Smith has a strong interest in the Fredericksburg Baptist Church and at last count had crocheted thirteen afghans. She paints and frequently visits nursing homes.

Fastest hand in the cafeteria. Mrs. Smith whips out change to Dixon Freeland.



Carol King: Spanish; Spanish Club.
Debby Klein: Dramatic Arts; Theatre Club.



Adele Kline: Practical Nursing.
Frederick Landis: Latin; Latin Club.



Mary Mason: Food Service; The Nook.
Mary Moran: English; Basilisk.



Billy Nichols: Mathematics; Senior Class.
Aria Orris: Chemistry; Science Club.



Erlean Payne: Cafeteria Employee.
John Peterson: Industrial Arts.



Super

Who's faster than a speeding bullet (to sniff cigarette smoke from bathrooms), leaps tall buildings in a single bound (to be in the parking lot just as you're skipping school), who changes clothes in telephone booths (from street clothes to ski clothes)? None but our own SUPER — PRICE! He can be found nosing in the bathrooms at odd moments during the day, whizzing down slopes in a flourescent orange jacket laughing at his floundering students, enjoying a cup of coffee in the teachers' lounge, or in his little office having a serious talk with a troublesome student. In discipline matters he is generally very fair and listens to the student's side of things. But life is not all work; no play. As sponsor of the Ski Club, he is pleased at the success of the club; enjoys the weekend trips to Bryce Mountain. An excellent skier, he seems to take sadistic pleasure in his diligent skier students' troubles in school and out.

Getting up nerve, sponsors Richard Price and Jerry Smith enjoy the Seven Springs trip.





School Board Chairman Dr. Gordon A. Hearne and Superintendent Dr. Robert C. Haynes participate in a forum concerning the controversial new school.

Daily morning duties for JM's custodial staff include picking up after students. Mr. Luther Hutchinson mops the lobby.



Pam Phillips: Social Studies; Cheerleaders.
 Mary Pitts: Mathematics; National Honor Society.
 Richard Price: Assistant Principal; Ski Club.
 Evelyn Raines: Cafeteria Employee.
 Ralph Ramer: Driver's Education.
 Sharon Richmond: Mathematics; Monroe Echo.
 Peggy Robinson: Business; Monroe Echo.
 Hyun Chung Ryang: Study Hall Supervisor.
 Dale Saylor: Mathematics; Physics; SCA.
 Arthur Schwartz: Industrial Arts.
 Emily Seyfried: Physical Education; Basketball; Softball.
 Glen Tanner: Spanish; Spanish Club.
 Ethel Smith: Cafeteria Manager.
 Mattie Smith: Guidance; SCA.
 Barbara Stafford: Reading.
 Barbara Stamey: Medical Center Specialist.
 Bonnie Stone: DE; DECA.
 Becky Sutherland: Business; FBLA.
 Robert Tanner: Mathematics; It's Academic.
 Millard Thomas: Social Studies; Ecology Club.
 May Jane Tillman: Curriculum Specialist.
 Robert Waddell: Social Studies; Debate.
 Sandra Williams: English; Senior Class.
 Marguerite Young: Assistant Principal; Teen Counselors; Move 75.



kenmore gift



shop

For 'America's Most Historic City,' Kenmore Gift Shop is all apart of it. Come and visit the colonial atmosphere of Kenmore, located on Washington Ave.

Spanish Club: FRONT ROW: Catherine Stehl, Cindy Painter, Doug Tinder, Betsy Brown, Kathy Bullock, Jud Skinker, Wilbur Chance, J.C. Bly. SECOND ROW: Mrs. King, sponsor, Susan Daley, Lisa Heflin,

Anita Mills, Karen Gill, Kathy Anderson, Rosemary Pastore, Anita Terrell, Janice Terrell, Ira Weston, Tommy Talisman, Miss Simpson, sponsor. THIRD ROW: Barbara Stewart, John Atkins, Nancy Dawson, Lilly

Koerner, Margie Vanover, JoAnne Wheeler, Melinda Treutle, Bucky Elwell, Mike Olichney. BACK ROW: Van Hamm, Jon Raymond, Mike Natale, Roy Martin, Sherry Smith, Faith Williams.



Colonial Office Supply

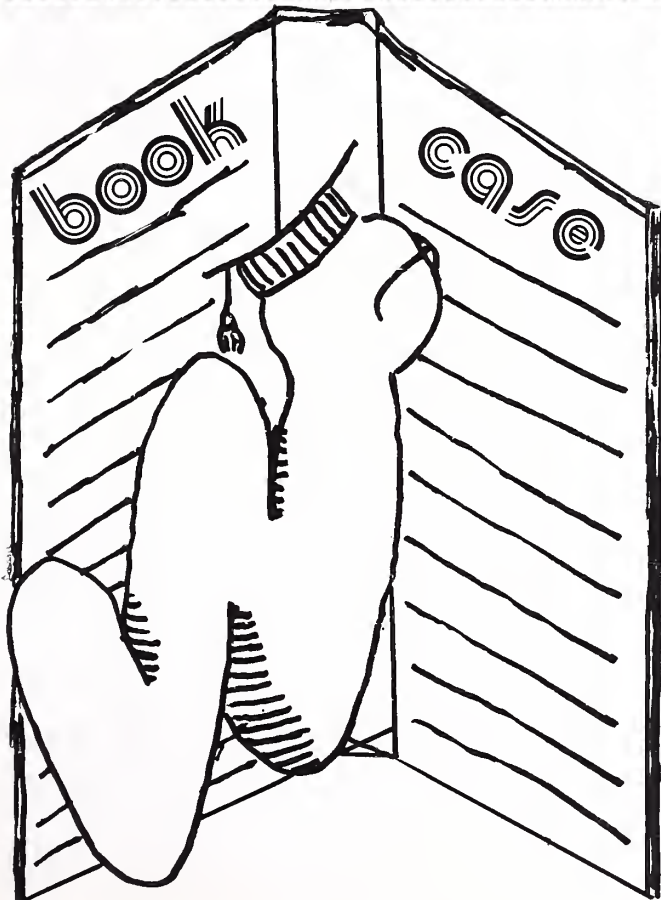


Once upon a time there was a happy wonderland where children played . . . this wonderland is recreated at Colonial Office Supply where Martha Scott and David Glover choose a Snoopy card.

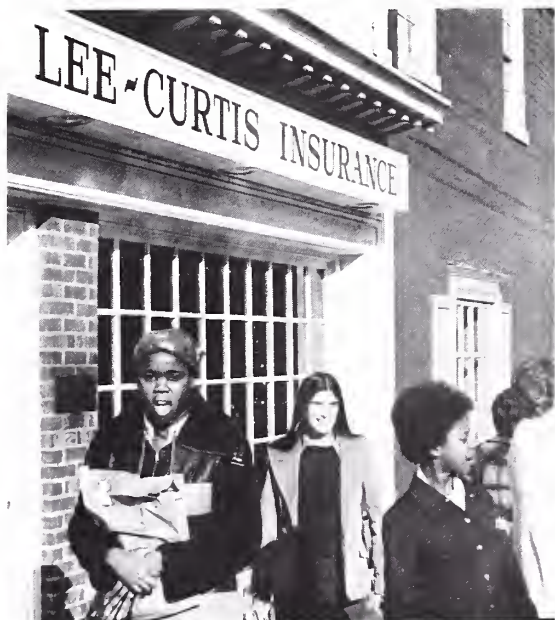
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Stop off at Lee-Curtis Insurance in downtown F'burg and have a talk with some of our best salesmen. Cynthia Lucas, Janna Berry, and Sylvia Burns think that is a good idea.



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Keep America Beautiful the White's Car Wash Way. Nancy Smith trusts her car to the expert care at White's.



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Washington Woolen Mills has been serving Fredericksburg since 1929 at its Caroline Street location with reasonably priced, quality men's wear. Marty Martin shows Shawna Edmonds their line of billfolds.



Smart shopper Mary Ventura gets all her clothes at Carley's. In Fredericksburg it's Carley's.

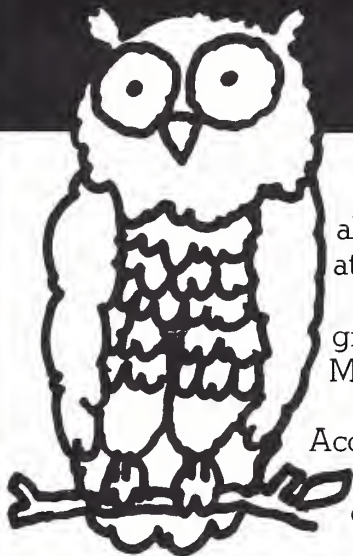
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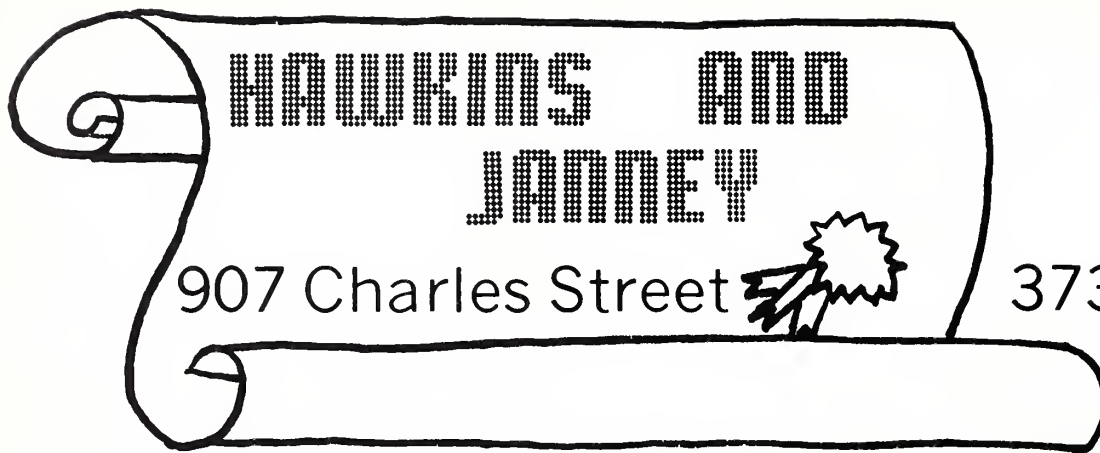
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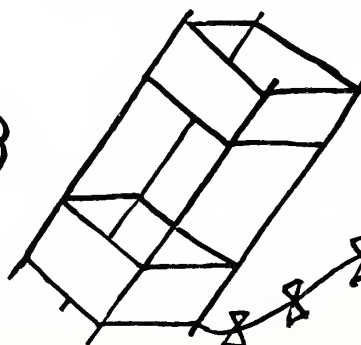
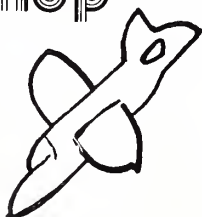
Silvey, Inc.

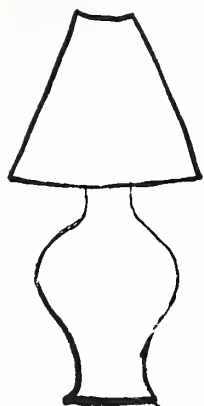
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Young Motors, Inc.

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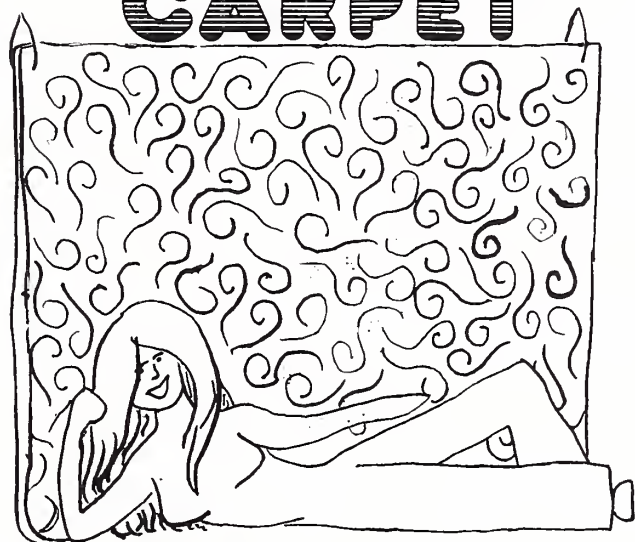


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Willis. THIRD ROW: Kathy Glover, Cathy Powell, Therese Freiling, Maria Snellings, Mary Daley, Elizabeth Miller, Therese Glancey, Cindy Bouwmans, Lynne Myers, Donna Kennon, Darcel Snellings. FOURTH ROW: Lynne Carver, Susan Gregory, Margie Vanover, Carmond Decatur, Judy Carroll, Kay Bays, Annette O'Connor,

Robert Prasse, Richard Pierson. FIFTH ROW: Phyllis Terrell, Jody Hall, Christy Phillips, Susan Hearne, Pepe Hiers, Denise Willetts, Beth Merchant, Laura Elliot, Mary Snead, John Jones. BACK ROW: Judy Skinker, Charlie Rector, Nancy Dawson, John Kennedy.

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Corey
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Rachel Harris

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24 (TL), 38-39 (B), 39 (T), 44 (T), 45 (R),
54-55,57 (BR), 60 (L), 80 (BL,BR), 81 (B),
84-85 (T), 84-85 (B), 88 (B), 88-89 (T),
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mon, Trish Jagoda, Rex Poole (ar-
tist)

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56-57 (C), 57 (TR), 60-61 (C,R), 62-63,
64, 67, 68, 125 (B), 130-131 (B), 132-133
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JV Hockey Team: Alison Davenport, Margaret Ann Samuels, Flo Rowe, Theresa Carr, Cathy Glover, Kathy O'Toole, Diana Payne, Mary Silvey, Carla Young, Kathy Taylor, Arrington Hearn, Betsy King, Aileen Heim, Sherry Smith, Pam Friend, Mrs. Phyllis Atkins, Lisa Heflin.

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Girls' Tennis Team: Therese Glancey, Robin O'Toole, Kathy Glover, Margery Spiller, Mary Pastore, Susan Grinan, Carla Young, Jill Harrington, Sarah Spratt, Ann Beckwith.

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OF AN ACTION

From the rainiest March in seventeen years to a national income tax rebate, 1975 brought to Fredericksburg an anti-Vepco rate increase blackout and continued pressure from the Taxpayers Association upon City Council and the School Board. As South Vietnam provinces fell to the Communists and Vietnamese

orphans were airlifted to the United States, we presented Winnie the Pooh, sold doughnuts, walked for the March of Dimes, raffled a car, kissed Mickey Mouse, bellowed "I've Got the Music in Me," hassled logarithms, and smoked in bathrooms. During student body elections issues focused upon membership on the poten-

tially powerful student advisory committee. Three non-smoking students addressed the school board to request an authorized smoking area. As discussion classes began to meet outdoors, juniors planned and presented their prom while seniors counted the days to graduation.

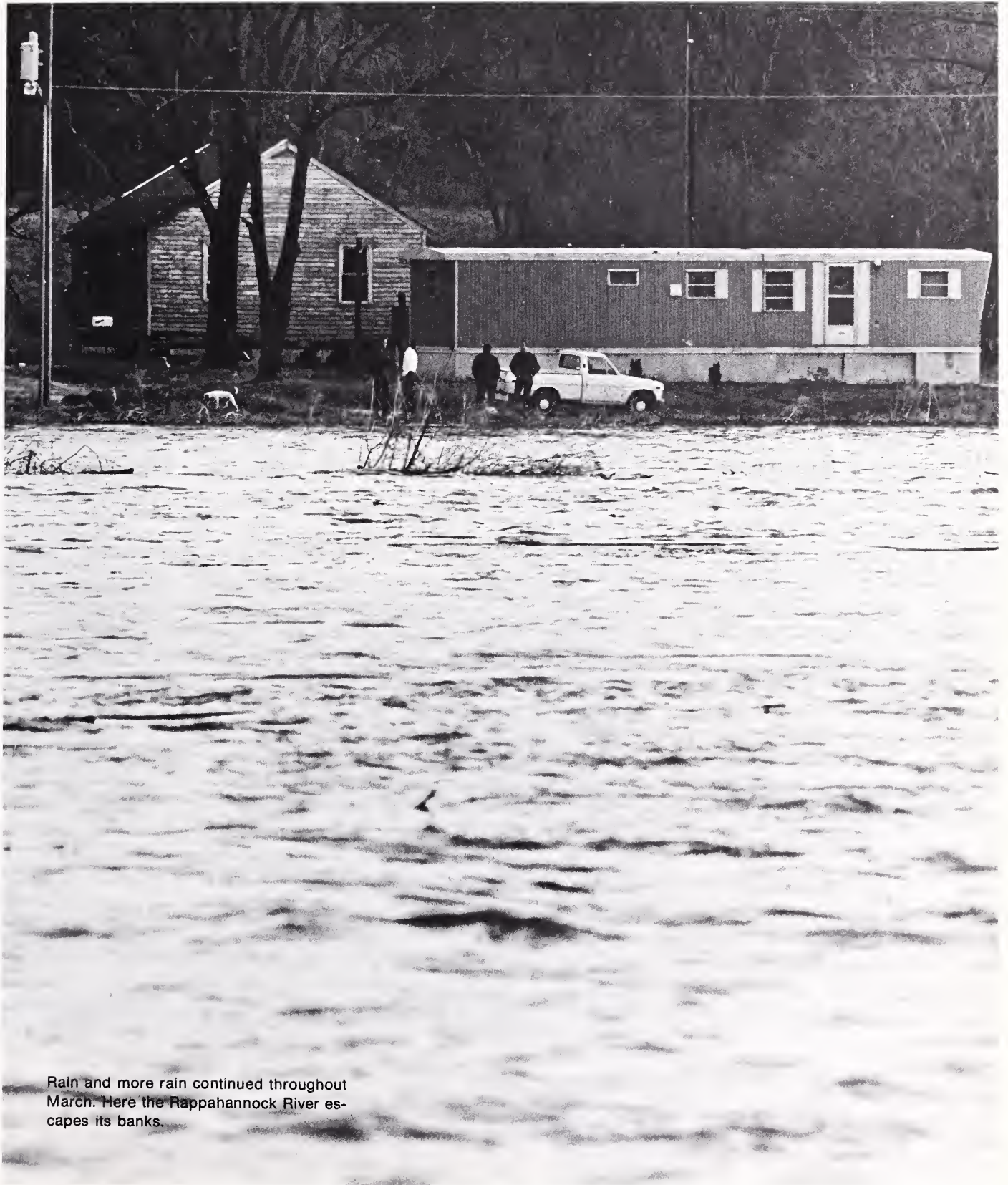


During daily homeroom period Mrs. Becky Sutherland discusses assembly procedures.

Creating beauty queens with the touch of Revlon, Tina Fortunato, Maria Snellings, Katie Snellings, and Cathy Powell prepare for the senior play.



CHOCKED YEAR



Rain and more rain continued throughout March. Here the Rappahannock River escapes its banks.

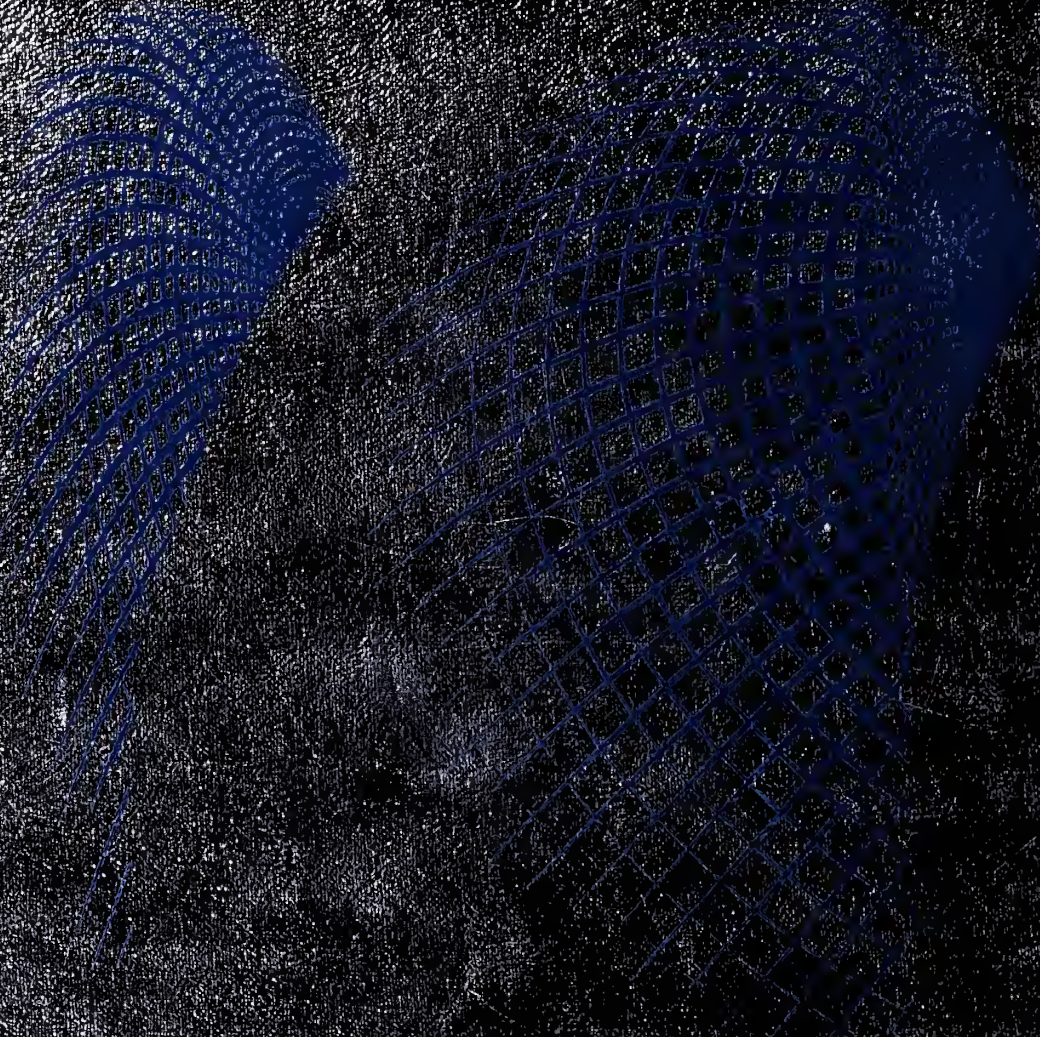
AN INDELIBLE MARK

James Monroe was our place. Now students might not don blue jeans and daydream in class and seniors might not vacation together in Disney World, but we will remember our experiences there, not as they happened necessarily but as the years corrode yet enrich them. They are gilded and still changing but the mark they make on us is unique because we can't go home again.

Reflections of a year frozen in time when jeans were the only 'in' thing to wear — Margaret Liddle, Jeanette Rowe and Kelly Hooe come back to school following the first lunch shift.



LINGERS...



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